

Bodydoctor; The Fitness And Nutrition Programme - David Marshall

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In 6 weeks take 5 inches off your waist, lose a stone, double your fitness. Trust me, I'm The Bodydoctor. Author: Marshall, David Publisher: Bodydoctor Interactive Ltd Illustration: N Language: ENG Title: Bodydoctor; The Fitness and Nutrition Programme Pages: 00263 (Encrypted EPUB) On Sale: 2012-07-06 SKU-13/ISBN: 9780007176854 Category: Health & Fitness : Nutrition Category: Health & Fitness : Exercise Category: Health & Fitness : General

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