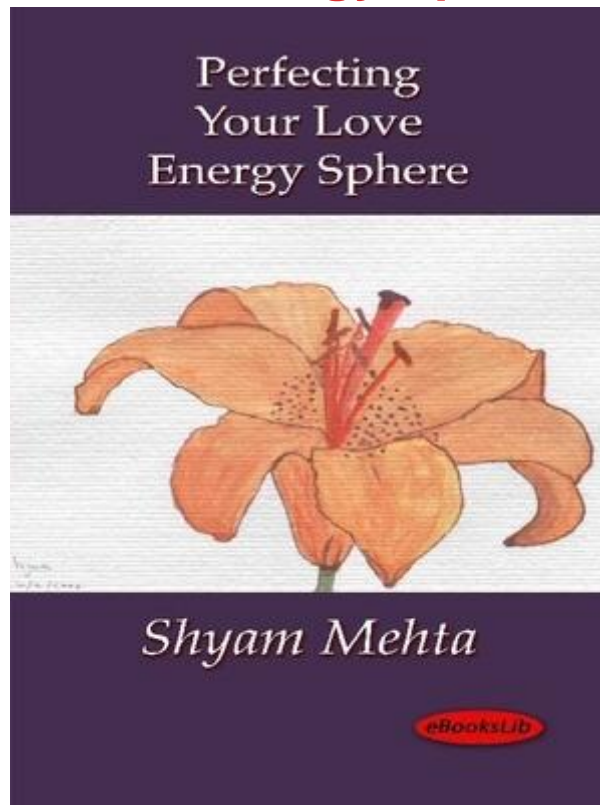


Perfecting Your Love Energy Sphere - Shyam Mehta



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You have seven energy spheres: sexual, physical, emotional, love, mental, spiritual and divine. The divine energy sphere is up to God. The other six you can try and fix. The love energy sphere is the most difficult to sort out. Here is what you need to do. Let us suppose that you are a man. But exactly the same process is required for a woman: * Find a nice woman whom you are attracted to. * Find out a little bit about her. * After some time, if the two of you are getting on, engage in some nice sexual activity. * After one week, the two of you should decide whether you wish to try and make the other happy for the rest of your life. * If she says yes, and you say yes, come to a written agreement on what she will do to make you happy and what you will do to make her happy. * Live together, for as long as you both stick to your agreement. You are mistaken if you think that in this materialistic age you will find somebody, fall in love and then there is nothing much more to do other than be happy. Both of you need to go all out to make the other happy in order that both of you are happy. If one or other of you does not or ceases to do this, you should sooner rather than later call it a day and find someone else. In a typical marriage today, one starts out after about one week of living together at a high: attraction, enjoyment, caring means that you

think that you are in love. All you have is an emotional attachment. This attachment declines by about 25 percent every year until it reaches zero after usually about four years. If the marriage lasts that long. If the marriage last longer, you live with her or she lives with you without any affection. A horrible fact which you can verify by simply talking inquisitively to a few of your friends who married after 1970 and have been married for four years or more. Your love energy sphere is all about marital love. In this book the author sets out more details for those of you who are looking for love. About the author: Shyam Mehta has been practising yoga since 1957 and been teaching yoga since 1973. He had a Christian upbringing, in England. At Cambridge University he became interested in yoga philosophy and Hinduism. Later he gave up his Hindu sacred thread in order to fully devote his life to helping all nice people become happy. He has had a variety of religious experiences in his life and worships God almost every moment of his waking hours. Author: Mehta, Shyam Publisher: EbooksLib Illustration: N Language: ENG Title: Perfecting Your Love Energy Sphere Pages: 00000 (Encrypted PDF) On Sale: 2005-12-05 SKU-13/ISBN: 9781412152020 Category: Family & Relationships : Love & Romance Category: Self-Help : Personal Growth - Happiness Category: Self-Help : General

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