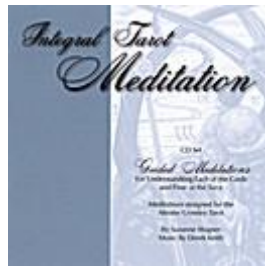


Mp3 Suzanne Wagner - Integral Tarot Meditation Cd Set



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Guided Meditations for each of the Major Arcana for the Aleister Crowley Tarot Deck. Guided Meditations for the flow and sequence of the Major Arcana, the Minor Arcana (Wands, Cups, Swords, and Disks), and short meditations for the Court Cards. 35 MP3 Songs SPOKEN WORD: Instructional, NEW AGE: Self-Help Show all album songs: Integral Tarot Meditation CD Set Songs Details: In "Integral Tarot Meditation", Suzanne Wagner has gifted the Tarot world with a priceless tool of empowerment. Intended to work with the "Integral Tarot" book, this two CD set takes the Seeker on an incredible journey within themselves, introducing the archetypes of the Tarot as they exist within, and helping the Seeker to integrate their personal archetypes into their whole being. The essence of each card within the Tarot comes to life in these meditations. The focus is on the Seeker, and how the energy of the Tarot appears in their life, rather than on a card that exists outside of themselves. This promotes two very important things: a healing for the Seeker, as they integrate their internal energy, and a deeper understanding of the cards themselves. Once the Seeker internalizes this energy of the cards, any work done with them will flow freely. The Seeker is taken through each of the cards of the Tarot: Trumps, Court Cards, and Pips. Through a meditative journey, they meet the archetypes, come to a realization of what their personal relationship is to each of the archetypes, and integrate this energy into themselves in a safe, supportive environment. After the journey with the individual Trumps, Wagner takes the Seeker on a journey that shows how the energy build from card to card. This would be the journey of the Fool, and it is an awesome journey. These meditations are based on the Thoth Tarot deck. There are some major differences between the Thoth deck and the widely used Rider-Waite deck (i.e. the inclusion of three Magus (Magicians), and a somewhat different titling of the cards), but I feel that the quality of this work stands on its own, and could be used by all Seekers, no matter what their deck of choice. I have to

mention the music - it is so superbly done that it becomes a part of the "safe environment" that Wagner creates for this journey, rather than standing out as "music" on its own. Kudos to Derek Keith, the gentleman responsible for this part of the journey. This gracious tool of meditation is not a "one time use" tool. Life as we live it is a series of cycles, and part of each cycle is integration of the energies that we are working with. I can see these CD's being used by individuals, by groups, in a client setting, as well as in a formal counseling setting. Wagner has created a knowledgeable foundation for integrating the archetypes of the Tarot, and their wisdom, in a completely safe environment. This CD set is an investment in your own mental health - one that you will not regret. Suzanne Wagner is a professional psychic and has been working in the area of mysticism and psychic awareness since she was a child and was first able to see spirits and talk with angels. Suzanne is interested in the exploration of consciousness with her clients. She conducts readings and private healing sessions designed to assist others in understanding the patterns within their reality. She believes that Tarot is about understanding the patterns and cycles within life. When you understand that there are simply aspects within life that must be moved through, then you are less reactive and afraid to change. This CD set was designed to go along with Suzanne's book, Integral Tarot: Decoding the Essence. She believes that there are those that learn and integrate information through auditory channels not just visual references as in reading books. It is with those people in mind that this CD Set was created.

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