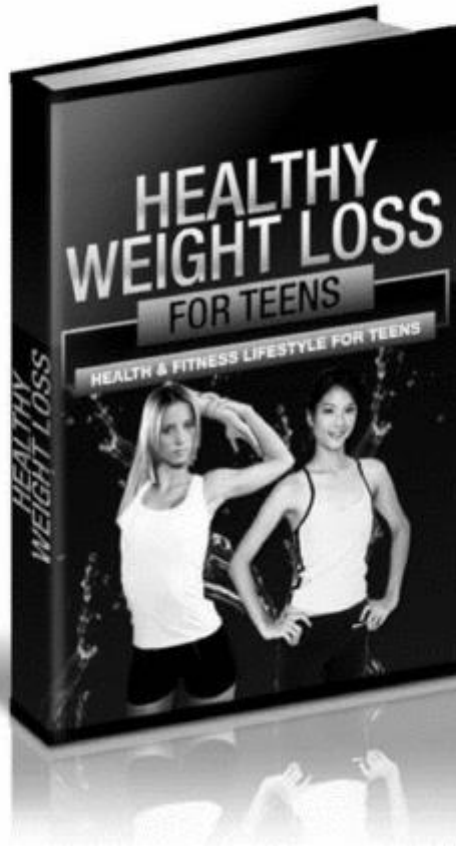


Healthy Weight Loss For Teens

Healthy Weight Loss For Teens



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According to the National Center for Health Statistics, there has been a dramatic increase in obesity in Americans since the 1990s. Almost 9 million (15) children between the ages of 6 and 19 are overweight, and this number is still growing, according to information gathered between 1999 and 2000 (triple the number since 1980). The information has also shown that another 15 of children between the ages of 6 and 19 are at risk of becoming overweight.

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