

How To Create A Chic Spa At Home



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How To Create A Chic Spa At Home teaches you how to make a spiritually rejuvenating, mentally

soothing and physically relaxing spa in your own home. Table of Contents Chapter 1. Home Spa Sights Chapter 2. Home Spa Scents Chapter 3. Home Spa Sounds Chapter 4. Home Spa Textures Chapter 5. Home Spa Lighting Chapter 6. Home Spa Accessories Chapter 7. Home Spa Cuisine Recipes Chapter 8. Home Spa Beauty Recipes Chapter 9. Home Spa Physical Treatments Chapter 10. Home Spa Mental Treatments Chapter 11. Home Spa Spiritual Treatments Chapter 12. Home Spa Party Activities

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