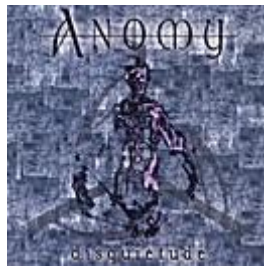


Mp3 Anomy - Disquietude



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The hugger-mugger is already speaking astir Anomy. Check out the samples to find out why. Each song is uniquely delivered with emotion and intelligence; a intermingle of hook-driven belligerent metal, acoustic interludes and thoughtful progressions. 10 MP3 Songs METAL: Gothic Metal, METAL: Alternative Metal disquietude Songs Details: The Band: The music of Anomy is as unique as the band members themselves. Business owners, a preschool teacher, a professional figure skater, a publisher, a vegetarian, and a chemist, it's hardly what you'd expect from metal musicians in their twenties. Yet the heavy, dark, intelligent and beautiful music they create could only exist through their divergent but musically focused lives. Considering their big sound and the rich texture of the music, it may surprise some that Anomy consists of only three members: bassist/vocalist Brent Fox, guitarist Dan Rudnicki, and drummer Boyd Fox. Playing together exclusively since 1992, each has participated in the growth of the other two through teenage years and into adulthood. This unheard of commitment to the band coupled with distinct musical tastes and near isolation from the hugger-mugger world during the formative years has allowed these three to breathe life into a style of metal that is completely unique yet very well received. Review Excerpts: (more reviews at anomy.org): Mercurous by Mercury Each song on this album embodies more passion than most bands can barely pull of in one entire album. The guitars are heavy and deliberate, they play in and out dark, obscurely gothic, into pure, angry metal venturing into saddened slow parts that never grow tired or boring... I think the thing that I like most astir Anomy is the high level of emotion that they embrace in all their songs. Whereas typically when a band writes a song, (excluding epics) only one emotional moment is present - every Anomy song somehow manages to integrate the entire process of feeling from beginning to the sometimes, and often bitter end. It's awesome. Anomy is awesome. Behind The Veil (Greece) By Christine "azriel" Parastatidou Anomy are a

3 piece band that managed to compose extraordinary music, out of the limits, something that you don't get to listen to everyday. I don't think it's easy to describe and categorize it. Giving a label would be so restricting for the richness and beauty of their sound, for the multitude and diversity of emotions that they are able to create inside of you. A general title for this music would be doomy dark metal with progressive structures, having some references to the melodic death metal branch and paying tribute to so many genres and bands that from a point on you are unable to distinguish them. Their influences are perfectly intermingled with their personal touch and aesthetic that they can only win you. The production is also very good and heavy and the cover artwork is dark and abstract like their music. Transcending The Mundane By Brett VanPut Reading the Anomy biography, terms like progressive dark metal and renaissance metal are used to describe their original sound. They are accurate but fail to show the whole picture of what this Colorado trio is all about. Anomy first appeared in these pages via their debut e.p., Promulgations of a Self Consuming Misanthrope. Released in 2001, this raw recording hinted at greatness to come. Underneath the subpar production existed a band with depth, creativity, and sincerity. Disquietude follows that tradition, but everything sounds better and the production is a vast improvement... HeavyCore.org By Pete Altieri Here's a band from Denver Colorado who proves that having a diverse background makes for interesting subject matter in songwriting. The members have occupations that you wouldn't expect from a metal band, like a pre-school teacher, figure skater, and a chemist! These guys definitely keep things original with a dark and moody sound that is their own. I thought the production of the cd was good and the packaging was very professionally done. The tempo of the music was slow and definitely up your alley if you dig the slow, heavy grind of bands like Type O Negative and that kind of thing...

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