

## Mp3 Laughing Bird - Record-x, Laughing Bird's 10th



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Husband and wife duo featuring soaring harmony vocals, strong songwriting with mature themes, and professional arrangements in the folk-rock, new-country, acoustic-rock vein. 17 MP3 Songs FOLK: Modern Folk, COUNTRY: Country Rock Details: Record-X, Laughing Bird's 10th, is a collection of 17 joyous songs. There are tender love songs and musical explorations of personal development in a wide variety of styles. Here's a glimpse of the variety and depth of this uplifting CD: 1. "Way of the World" written by Tupelo Kenyon - 4:38 Style: Folk Rock Description: Life is so huge . . . so diverse . . . the possibilities are literally infinite. What's the best way to sort it all out and carve out a little niche of our own? Lyric Excerpt: Now it's happening every moment, far too big to see It's all too much . . . to do it all, so passion is the key It's a question of perspective, alive to pick and choose It's where we aim our focus that brings it all into view It's just the way of the world, It's just the way of the world It's really nothing . . . personal, It's just the way of the world 2. "Trash Our Treasures" written by Tupelo Kenyon - 2:53 Style: Soft Rock / New Country Description: Call it human nature . . . or divine folly . . . or simply a growth process, but people seem to have a history of awarding seemingly insignificant details with places of prominence in our lives, while ignoring or even destroying the most important aspects. Physically, mentally, emotionally and spiritually, this curious pattern remains the same. Lyric Excerpt: Like moonlight on the water It shimmers and it shines It glimmers like a ray of hope Behind the battle lines But seeing little in the dark We resort to desperate measures Groping blind, we treasure our trash And then, we trash our treasures . . . we trash our treasures 3. "Don't Tell Me No" written by Janey Kenyon, Jeannie Robertson and JoAnn Molloy - 3:11 Style: New Country Description: Just don't do it. It's better that way . . . for both of us! Lyric Excerpt: Im spreadin my wings and Im learnin how to fly Wanna do it my way, aint gonna to justify Dont tell me no, no dont cha tell me no You might as well hand me an engraved invitation

Dont tell me no 4. "Wrap Your Wings Around" written by Tupelo Kenyon - 3:57 Style: Contemporary Folk Description: Some call it intuition; others call it inner guidance. Whatever it is, once you begin to rely on it, it "sounds" mighty quiet when it seems to stop. Maybe it doesn't really stop . . . maybe it just changes, and it's up to us to tune into it again . . . and again . . . and again. Lyric Excerpt: All the little details of my life showed up on time So why would I be wondering, it's different this time Listening for whispering, a still small voice within Please, a little louder, cause I'm still listenin' Draw a little closer, and wrap your wings around Sing a little louder, so I can hold the sound Cradle me in tenderness, and rock me to slow down Draw a little closer, and wrap your wings around 5. "Flying in the Sea" written by Tupelo Kenyon - 3:27 Style: Reggae Description: Born at Coco View Scuba Diving Resort in Roatan Honduras, this song celebrates the wonders of the sea. Imagine the joy and freedom felt by dolphins and whales frolicking in the waves. We caught a glimpse of that feeling while scuba diving . . . and love it! Lyric Excerpt: Swimming with the dolphins, playfully Glide along with the eagle rays, gracefully Tag along with the turtles, all day . . . hey, hey Flying free in the deep blue sea, down Caribbean way Im flying, like a dream Flying, flying free What a world of wonder, wonderful fantasy When Im flying . . . flying in the sea 6. "This Perfect Moment" written by Tupelo and Janey Kenyon - 3:22 Style: Soft Contemporary Folk Description: A wedding song written for our niece Malia and her husband, Ridge Miller. The moment of marriage shines bright with love, hope and unlimited potential. What a blessing it is to somehow capture that magical moment and be able to relive it at will throughout a lifetime. Lyric Excerpt: On this day, I can feel forever On this day, I'm right here, right now On this day, in this perfect moment Here's my love, this is my vow I will keep this moment in my heart As we stand here together, our new start I will hold this love for you Shining bright my whole life through 7. "Low Maintenance Relationship" written by Tupelo Kenyon - 3:12 Style: Rhythm and Blues / Light Rock Description: One of the most important things to learn, and one of the most difficult, is the importance of creating good relationships. Life seems to be all about relationships . . . to our friends, families, lovers, and to our creator. There's always room for improvement. Lyric excerpt: Give me a low maintenance relationship One that carries on from right where you left it Dont fuss about it, no need to nurture Its a low maintenance relationship 8. "Compass Spin" written by Tupelo Kenyon - 3:24 Style: Contemporary folk balad Description: Inspired by a fascinating book called, "Fingerprints of the Gods", this is a look at the timeline and possible repeating pattern far beyond our usual field of reference. What would life on earth look like if our perspective allowed us to see centuries passing

in the wink of an eye? Lyric Excerpt: The scholars thought the ancient myths were merely fairy tales And the buildings built beyond our skills were tombs for arrogant males They thought they understood it happened once, but never again When cosmic forces shook the earth, and made the compass 9. "Deep Sea Blue" written by Tupelo Kenyon - 5:07 Style: Light rock Description: No matter where our travels take us, it's always exhilarating to return to the sea. This is a simple love song to the wonders of nature in general, and mother ocean in particular. Lyric Excerpt: When the sunset caresses the eye, with every bold color that splashes the sky All the way to the line where the sea and the sky collide Stars by the billion shine bright, it's only natural for hearts to take flight Like seagulls who make it look easy to soar and glide It makes you feel so free and grateful just to be in mother nature's majesty It's nature at her best, cause I have seen the rest, and nothing's like the deep blue sea So I keep flowing back on the deep blue sea, the great unknown On the deep sea blue, like coming home. On the deep sea blue 10. "It'll Be All Right Now" written by Tupelo Kenyon - 4:07 Style: Contemporary Folk Description: It's one thing to understand intellectually that the thoughts we think mold our experience, and another thing to live every moment as if it really is a basic law of nature. Sometimes a paradigm shift can happen in a single moment, but this one has is taking me a little longer to put into deliberate daily practice. Lyric Excerpt: Sometimes my thoughts are little, even when I think Im thinkin abundant Wondering why not, instead of what I want I want it, yes I do . . . Oh, yes I do . . . Or maybe not The balance of my thought reflects exactly what Ive got We have done so much, with so little, for so long . . . (Before long) We can do everything, with absolutely nothing 11. "Miracle in Disguise" written by Tupelo Kenyon - 4:20 Style: Light Rock Description: Synchronicity is such a positive and hopeful idea, it begs the question, "Why not actively look for it and even expect it, as long as it feels good?" Still, is it real? Or, wishful thinking? Or, could it be simply whatever we decide it is? Lyric Excerpt: Such a gentle whispering, barely there at all If it was clear, for cryin' out loud, it'd be easier to make the call Is it marching to a phantom drummer, imagination or lies Or the leading edge of pure creation, a miracle in disguise I'm counting on a miracle, expecting a surprise Insight right between the eyes . . . or a miracle in disguise 12. "May You Have Joy" written by Tupelo Kenyon - 4:40 Style: Contemporary Folk Rock Description: Have you ever felt a warm appreciation for someone in your life, and just wanted to wish them well? What do you say? Here's wishing you well? Cheers? Best Rergards? I asked myself if I could be a little more specific, and this song emerged. Lyric Excerpt: May your actions make a difference, and your conversations matter May your

promises be easy, and your praise sincerely flatter May you be an inspiration, a lighthouse on the shore  
May your contributions make the world better than before May the cosmic wind fill your sail, toward your  
homeward shore May soul love the adventure, and spirit help you soar May you catch on fast the first  
time, slow to quit and quick to start May you have joy . . . a peaceful mind . . . and a hopeful heart 13. "I'm  
Goin' Fishin'" written by Tupelo Kenyon - 3:16 Style: Contemporary Folk Description: Sometimes, you've  
got to just take a little time for yourself . . . to recharge and regenerate. The zen of fly-fishing has always  
worked wonders for me. This is a tribute to my grand-fater, J.V. Harris, who taught me how and gave me  
a wonderful gift that has kept on giving for a lifetime. Lyric Excerpt: Gonna feel so peaceful, on the water  
again Gonna stare in the distance, drinkin it in Time slows down a fishin, and goin slow is a good skill And  
once in awhile when Im doin it right, time stands still Im goin fishin in the mornin . . . Yeah, Im goin fishin  
all day Im goin fishin, time to quit wishin . . . So Im goin fishin today 14. "Who is the Watcher" written by  
Tupelo Kenyon - 6:02 Style: Folk Rock Description: Inspired by the book, "The Power of Now" by Eckhart  
Tolle, this song was written to remind me that life . . . all of life . . . occurs in this present moment. The title  
asks an age-old question which also feels worth my careful pondering. Ideas like these, turned round and  
round, make the inside of my head seem bigger . . . and that's bound to be a good thing. Lyric Excerpt: Its  
not about a stepping stone to somewhere over there But the step itself, this one now, presently aware A  
journey of a million steps wont happen overnight Awaken from this dream of time, and let this step take  
flight Who is the watcher, who sits in the stillness and knows And who is the looker, who notices the king  
wears no clothes Who is the seer, who sees beyond the mind And who is the seeker, wholl find ... The  
grand design 15. "Life is Too Important to Be Taken Seriously" written by Tupelo Kenyon - 3:17 Style:  
Bluegrass Description: This is just plain fun . . . an unlikely love song and reminder of the importance of  
making it a point to deliberately live life in joy, reverance, and with a light-hearted spirit. A good sence of  
humor always seems to come in handy too! Lyric Excerpt: Right away, I knew . . . Youre the one, and I  
am too Two of a kind, we get around . . . A couple a lovers, a couple a clowns Cause life is too important  
to be taken seriously Life is too important to be taken seriously 16. "Hand in Hand and Heart to Heart"  
written by Tupelo Kenyon - 3:46 Style: Contemporary Folk / New Country Description: A wedding song  
written for our friends, David Ruthstrom and Jeannie Robertson, another professional touring musical  
duo. If this song sounds like it applies to us too, that's because it does . . . we've met very few couples  
who have lived on the road together playing music for as many years as we have. Like David and

Jeannie, we realize what a rare and special priviledge this lifestyle is . . . and we still love it! Like David says, "You and I drew a good lot in life." We never take it for granted, but continually re-create it on a daily basis looking forward with imagination and gratitude. Like any lifestyle, it has it's ups and downs but overall, there's not another life we'd rather live. Lyric Excerpt: You and I do, love our life on the road  
Choosin' music, two for the show Or maybe music chooses us, but we're playin' along Singing together,  
our life is a song Together we are music, you're my counterpart Singing together down the highway  
Today we stand together, whatever comes our way And we're still hand in hand and heart to heart 17. "A Heartbeat in Eternity's Highway" written by Tupelo Kenyon - 4:46 Style: Light rock Description: The concept of time has always been a fascinating enigma to me. In the grand scheme of things, what's the difference between a single moment and all of eternity? What's the point of reference? What's the point of getting worked up over any of this? Besides the fun of waxing philosophically, this song also provided me with the opportunity to rhyme the word "parenthesis", and that doesn't happen every day! Lyric Excerpt: Is this a day of rest that makes me feel my best Or just another yawn from wrong conclusions drawn To put it off again until Im ready then How do I know . . . Ill see another dawn How can we wait again another day Now that we know how fast they always slip away Our little worlds our emphasis, this life is a parenthesis A heartbeat in eternitys highway Laughing Bird is: Tupelo and Janey Wing Kenyon Tupelo: Vocals, 6 and 12-string acoustic guitars, electric guitar, harmonica, mandolin, banjo, bass, drums, keyboard, percussion Janey: Vocals, dulcimer, hammered dulcimer, percussion All songs written by Tupelo Kenyon except track 6 which was co-written with Janey and track 3 which was co-written by Janey, Jeannie Robertson and JoAnn Molloy. PMMIV Tupelo and Janey Wing Kenyon. Arctic Wingsong Publ. BMI All Rights Reserved. Thanks to Dave Munsick for fiddle on 3 and Jeannie Robertson for harmony vocals on tracks 3 & 16. Recorded, mixed, mastered and manufactured by Tupelo Kenyon at Riversong Studio in Story, Wyoming. Photos by Dee Barnes. Graphic design by Tupelo and Janey. Record-X is Laughing Birds 10th CD. There are several others available here through CDbaby. Search for Laughing Bird, and also search for Tupelo Kenyon. Thanks for listening and thank you for buying our music. Yours for a song, Tupelo and Janey Kenyon Laughing Bird.

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