

# You Are Your Instrument - Julie Lyonn Lieberman

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This unique guide helps all musicians: open up new avenues of expression through a pain-free healthy fluid approach to music-making; overcome performance anxiety general tension and muscular injury; and increase learning skills and facilitate more effAuthor: LIEBERMAN, JULIE LYONN Publisher: HUIKSI MUSIC Illustration: N Language: ENG Title: You Are Your Instrument Pages: 00152 (Encrypted EPUB) On Sale: 1997-06-01 SKU-13/ISBN: 9781879730205 Category: Music : Musical Instruments - General Category: Music : Instruction & Study - Techniques Category: Medical : Physiology

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