

10 Ways I Can Live A Healthy Life - Sara Antill

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Learning healthy habits starts in childhood, and this book shows kids simple ways to stay healthy. Chapters encourage young readers to get active, cut down on junk food, and to take control of taking care of themselves. The book empowers kids to live a healthy life and to help others by sharing the healthy habits they learn. Author: Antill, Sara Publisher: PowerKids Press Illustration: N Language: ENG Title: 10 Ways I Can Live a Healthy Life Pages: 00024 (Encrypted PDF) On Sale: 2012-01-15 SKU-13/ISBN: 9781448862078 Category: Juvenile Nonfiction : General Category: Juvenile Nonfiction : Social Issues - Self-Esteem & Self-Rel Category: Juvenile Nonfiction : Health & Daily Living - General

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