

## Mp3 Arekah - Insanity's Daughter



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A spoken word album laced with R&B, hip hop and plenty of insanity. Every track is filled with testimonies from Arekah's life. From militant to love making, this CD has it all. 15 MP3 Songs SPOKEN WORD:

Poetry, HIP HOP/RAP: Rap Details: Insanity's Daughter is the brain child of writer/poet Arekah. Writing since the age of 7, Arekah used her life as fuel for her writing. An imaginative little girl raised by a single mother, there were many hours where this little girl had to spend time alone. In her alone time, Arekah created a world fairytale that would soon serve as the starting point for her persona. . In 1998, she gave birth to her daughter, Kyla, which changed her life for what she thought was the worse. During that time she revived her passion in writing by reading works by Maya Angelou, Nikki Giovanni, and Sonia Sanchez. She also started singing in a small group founded by her Aunt Sylvia called True Spirit, there she gained some much needed vocal training and it gave her the opportunities of performing in front of large crowds. She kept her writing as a healing tool for herself and never shared it with anyone until a few years later when she saw Def Poetry Jam on HBO. It was the spark that she needed to share her writing with others; at one of her first performances she saw Samantha Raheem and local artist Jmalo Toriel, their different styles really excited her and she new that this is what she was meant to do. Since that time Arekah has gone from reading off shaking paper on the mic to breaking her own barrier down and melting the mic. Arekah has offered her poetic voice to several causes around her city of Memphis, TN such as Turner South, My South slam, The Sisterhood Showcase, The Vagina Monologues Memphis, Breaking The SilenceHear Her Speak I for AIDS/HIV awareness and Hear Her Speak II against domestic Violence. Her first cd Insanitys Daughter aptly named to convey Arekahs off brand way of thinking; she presents her vocal and spoken word talents to the world; Mixing in a little hip hop flavor with her own form of insanity to ensure the listener to a wild ride of poetic tracks, sure to leave them wanting more.

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