

## Mp3 Christie Forester - Heartsong Vol. 2



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Piano instrumentals that meld lush original compositions with soothing familiar melodies for a relaxing listening experience. 6 MP3 Songs EASY LISTENING: Background Music, NEW AGE: Healing Details: Let Christie's lush piano take you into "The Zone" of soothing relaxation. Christie Forester was born in Ambon, Indonesia where her parents, RB and Avelone Caveness were missionaries. At twelve, she was her father's church pianist and although musically trained, seized every opportunity to create her own music ... much to her piano teachers' chagrin. After living in Singapore for many years, Christie returned to the United States where she married Walter Forester and completed her Ph.D. in Learning Disabilities. Christie currently lives in San Carlos, Sonora, Mexico where she met her producer, Leslie Sahlen. SAN CARLOS, SONORA, MEXICO- Leslie Sahlen's Gatorlegs Music of Tucson, Arizona has been retained by The Bio-Res-Med Medical Arts Center of San Carlos, Sonora, Mexico, to provide recording and promotion to native and resident artists in the San Carlos area as part of an ongoing SOUNDS OF SAN CARLOS COMMUNITY ENRICHMENT SERIES. "Dr. David Walker, Founder and Executive Director of Bio-Res-Med and I both believe the universal language of music has healing abilities." explains Ms. Sahlen. "My husband is a songwriter so we record song demos in our home. Word got out in our village and some amazing musicians started literally knocking on my door. I became a reluctant one woman record company." Limited edition CDs have been recorded by Christian composer-pianist, Christie Forester ([Www.gatorlegs.com/index\\_files/christie.htm](http://www.gatorlegs.com/index_files/christie.htm)) ; Los Cuates, "The Twins", a unique Latin acoustic quartet consisting of two twin brothers and two look-a-like sons. ([Www.gatorlegs.com/index\\_files/thetwins.htm](http://www.gatorlegs.com/index_files/thetwins.htm)) Further, these recorded products are distributed digitally and online by Gatorlegs Music ([Www.gatorlegs.com](http://www.gatorlegs.com)), allowing these gifted musical artists to reach a wider audience. Ms. Sahlen, herself, resides in the seaside village of San Carlos receiving treatment for

health problems she believes are the result of silicone breast implants in the 1970s. The disabling fatigue, pain and high medical costs forced the sale of her thriving lecture agency in Dallas, Texas in the late 1980s. "The silicone brain fog was tragic in a business where the spoken word is so integral.", Ms. Sahlen explained. For years she managed to work part-time at Austin's Paramount Theater, then later with Las Vegas agent, Sal Murillo, and 1960s rock diva, Spanky McFarlane . Even part time became physically impossible so Ms. Sahlen retired to Mexico where medical care is less costly. After the destruction of Hurricane Marty, Ms. Sahlen produced the SAN CARLOS 1960'S MUSIC FESTIVAL in December 2003 (1960smusicfestival.com) to benefit the non-profit San Carlos emergency medical service, RESCATE (rescatesc.com) Gatorlegs titles are available online through indie sites cdbabyand bathtubmusic.com. Future releases will include 12 Year old Mexican vocalist, Honey, classical guitarist Ramon, the Children's Chorus of Casa de la Cultura of Guaymas, Sonora, Mexico and Best of the 2003 San Carlos 1960s Music Festival featuring Chris Montez. (1960smusicfestival.com) Leslie Sahlen 707 237-2557 tomatah1@aol.com

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