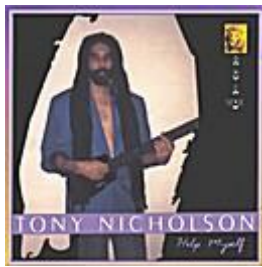


Mp3 Tony Nicholson - Help Myself



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This is the epitome of "lover's rock" reggae at its finest. The smooth lyrics and message of hope and love seduces the listener into a place where soft Jamaican breezes blow and warm ocean waves bathe the soul. 10 MP3 Songs WORLD: Reggae, EASY LISTENING: Love Songs Details: This cd is a journey in self expression. All instruments and vocals are performed by Tony who also produced and arranged the CD. All the songs were conceived and written by Tony. His prolific imagination is revealed in each and every song. Tony's music is widely accepted and appreciated by all who are fortunate enough to hear it. Tony Nicholson, a phenomenal musician, vocalist, songwriter, guitarist, and recording artist has played with the very best of contemporary musicians. This impressive list includes being the opening act for groups such as Hugh Masekela, Third World, Ernie Smith, Steel Pulse, Jimmy Cliff, Peter Tosh, just to mention a few. His mature approach to Reggae Music defines this genre and will heighten your appreciation of this mystical form of musical expression. Born in Kingston Jamaica, the reggae capital of the World, Tony is recognized as a talented composer, producer, arranger, guitarist, vocalist, percussionist and drummer. Tony relocated to Canada in 1975 touring with the internationally known Ernie Smith and his band Roots Revival as vocalist and percussionist. Tony later became one of the founding members of the Reggae group "BLOOD FIRE" which performed at Reggae Sunsplash in Jamaica in 1982. In 1984 Tony relocated to California to embark on his solo career as vocalist and guitarist, performing at various venues in Hollywood and Los Angeles. While in LA Tony recorded the album "Give Jah The Praise" .In addition he performed with several bands and supported established stars such as Leroy Smart, Hortense Ellis, Leroy Sibilis and Don Carlos in stage productions.

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