

# Brainwave Therapy - Stress Free Forever

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Dont let stress get to you. Stress is a state of mind you can eliminate with less effort than you think. Stress Free Forever is the only program of its kind to offer a powerful double-barrel approach to banish stress. Precision-engineered sound waves soothe brain activity into the Alpha State of relaxation and clarity. In Alpha, pestering concerns are washed away. Fears vanish. Sparkling flashes of insight and imagery dance before your minds eye. As a revitalizing flood of positive energy renews your sense of self, your mind opens to change. Here, carefully designed subliminal messages replace deep-rooted stress patterns with confidence. Youll notice a greater sense of ease and clarity after each time you listen. The results are profound. This Brain Wave Subliminal activates the unlimited power of your subconscious because it incorporates brain wave frequencies that induce states of hyper-receptivity to subliminal messages. Here, a new set of self-empowering beliefs are firmly imprinted in the unconscious. This recording contains the following subliminal messages: Everything in my life works perfectly Its easy to let go and let my life unfold I let life happen and its wonderful I move freely and with ease I have enough time Time is on my side I take care of myself I feel great, I love my life I know how to relax, I am relaxed All parts of my life flow freely and easily I live in the present moment I trust my future to unfold beautifully I let go of control I live with ease, I am fulfilled I feel connected to the flow of love in my life I get all the help I need I trust my inner guidance to show me the way Everything in my life works with cooperation I trust the process of life All details take care of themselves This Brain Wave Subliminal has two tracks; both contain the exact same subliminal messages. You can listen two ways. Listen to both tracks anywhere or anytime over your stereo system. While you wont consciously hear the subliminal messages, they will be received and absorbed by your subconscious. For deeper subconscious programming, and to receive the full benefits of Brain Wave Therapy, listen to track 2 (the one without the piano overlay) with headphones at a time and place when you will not be disturbed. Allow yourself to simply drift and relax. You might even fall asleep and take a refreshing nap. Whether you fall asleep while listening or not, alpha brain wave frequencies will induce heightened receptivity to the messages

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