

Holding Onto Hope - , Helene Cote Pm

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Dark times come to us all-periods of depression, burn-out, financial disaster, death of a family member, emotional chaos. The pain of a dark time can open us to new growth in our relationship with God and ourselves. We seek a bridge from the darkness to authentic spirituality and healing. Penned by the best-selling author of Surviving Depression, this book is that bridge. Each chapter follows a journey that includes stories and images, scripture reflection, questions for personal or small group use, contemplative experiences, and healing exercises. Author: FSP, Kathryn J. Hermes Author: PM, Helene Cote Publisher: Pauline Books and Media Illustration: N Language: ENG Title: Holding onto Hope Pages: 00000 (Unencrypted EPUB) On Sale: 2011-06-24 SKU-13/ISBN: 9780819833952 Category: Religion : Christian Life - Spiritual Growth

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