

Mp3 Danny Birt - Narcoleptic Pianist



[DOWNLOAD HERE](#)

Written as an aide to sleep-craving insomniacs, this uninterrupted hour-long piano solo was created by a certified massage therapist (CMT) and music therapist (MT-BC). 20 MP3 Songs CLASSICAL: New Age, EASY LISTENING: Background Music Details: Single tracks (as well as full album) are available through digital distributors such as iTunes. Is Danny REALLY narcoleptic? Medically, definitely not. The inspiration for the title is found in the music's sleep-inducing qualities. The Album: Though originally intended for insomniacs, this album has found an audience among a much broader population. The melodic and harmonic strains are mostly minimalist in genre so as to relax, rather than distract, the conscious mind. This can occur to the extent that many listeners have reported falling asleep - see reviews below for examples. (Do you know anyone who needs sleep?) The music comes from inspirations from real life as well as literary sources such as CS Lewis's "Narnia" to William Blake's "Tyger." A suggestion on how to listen to the CD: Let it play in the background of a restful environment a couple times before trying to use it as a relaxation/sleep aid to enhance your ability to entrain. Find a time and place in which you can listen in solitude, start the CD, and let it run all the way through. If you are already totally relaxed, start the CD at track #3, "Solstice." There will be certain sections or songs that you will connect with more than others - that's certainly to be expected with any form of music - but this album has been designed in a certain rhythmic and melodic model that can be experienced only as a whole. The Composer: Danny is a Board Certified Music Therapist (MT-BC) and a Nationally Certified Massage Therapist (CMT), a photographer, vocalist, water safety instructor, aspiring author, and a few other things as well. Additional resources: Massage Therapy information: amtamassage.org/ Music Therapy information: musictherapy.org/ Enjoy the available audio samples!

[DOWNLOAD HERE](#)

Similar manuals: