

Super Nutrition For Babies - , Kelly Genzlinger

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There is a better way to feed your baby. Super Nutrition for Babies gives parents the latest science-verified nutritional recommendations for feeding their child. Based on a program used at one of the largest holistic practices in the country, this book provides information on all aspects of nutrition and feeding, including introducing meat in a child's diet, healthier alternatives to dairy and soy, starting solid foods, establishing a regular eating schedule, dealing with picky eating, and the best foods for every age and stage so your baby gets the best nutrition to minimize illness and optimize sleep, digestion, and brain development. Author: Erlich, Katherine Author: Genzlinger, Kelly Publisher: Fair Winds Press Illustration: N Language: ENG Title: Super Nutrition for Babies Pages: 00240 (Encrypted EPUB) / 00240 (Encrypted PDF) On Sale: 2012-03-01 SKU-13/ISBN: 9781592335039 Category: Cooking : Baby Food

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