## **Mp3 Perpetual Groove - Sweet Oblivious Antidote**



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Perpetual Groove has proven that they are more than just a killer live band with the release of "Sweet Oblivious Antidote." Combining thoughtful songwriting with mesmerizing instrumental expression 10 MP3 Songs ROCK: Jam-band, ROCK: Psychedelic Details: It would sell the Savannah, GA based quartet Perpetual Groove a little short to encapsulate their music with a catch phrase. Mercifully, the ebullient group has provided listeners with a perfect verbal synopsis of their sound with the title of their debut album Sweet Oblivious Antidote. Even the album's artwork provides a glimpse into P-Groove's eclectic attitude. The outside is done in the style of an antique medicine bottle and below the disc tray is a grainy grocery-bag colored photo of the band, but the liner notes are decidedly futuristic. This all-inclusive vibe is evident from the first track, "Three Weeks", which rides a genuine rock-ballad groove before launching upwards into the electronic skyline. The lyrics are desperate but hopeful. Yin and Yang prevail. Focusing on creating a singular sound rather than blatantly showcasing their obvious individual talent, P-Groove molds the overwhelmingly happy tones of their music into various shapes. Thankfully, their sweetly optimistic outlook avoids the realm of the corny. They coax a huge sound from their utilitarian guitar/bass/keys/drums setup, stoking a universal psychedelic fire that lately seemed to be fizzling. There's sun-drenched, barefoot bounce-rock that actually springs from group effort instead of the well-tested verse-solo-verse format. Sections of trance-like intent grow from what seems like trial and error repetition. They also demonstrate the ability to garnish their less frenetic material with enough dynamic pulse and lyrical structure to give it an epic feel. This music succeeds because the band can weave ideas around each other in countless ways. The album pulls the listener in at a steady pace, never jarring the ear but gently persuading it with subtle melodic shifts ("Perihelion"), nifty multi-sectional compositions ("Sundog"), and instantly familiar hooks ("TSM2"). Buoyed by vocals that are actually

relevant and pleasing. Sweet Oblivious Antidote glides further into the endless groove with sublime tunes like "Teakwood Betz" and the Flecktones-sounding "Astromonkey". "Astromonkey" bursts into musical permagrin with a percussive, island-hopping climax and giant rock-and-roll ending. The title track brings the album to a fitting close with dense vocal harmonies, sparkling mid-tempo roots rock, and a soaring, dramatic ending. With this album, Perpetual Groove offers soothing relief for the aching muscles of jam-rock. - Bryan Rodgers ------ PERPETUAL GROOVE AT HOUSE OF BLUES ON 4.20 Perpetual Groove | House of Blues | Cambridge, MA | 4.20.03 My list of things I would drive 18 hours for just got a little longer. I'd do it to see the birth of my child, to pick up my winning lottery ticket, and now to see Perpetual Groove at the original House of Blues in Cambridge, Massachusetts.....READ MORE GROOVIN' TO THE BEAT OF A SPRING DRUM After nearly two years together, the collective known as Perpetual Groove is finally breaking out of the Southeast. After a short Midwest stint last October, the Savannah, Georgia-based quartet is poised to return this spring along with a trip into new territory: the Northeast. But Perpetual Groove is not alone; after two weeks of going solo on the road, the band will join The Big Wu to support its spring journey.....READ MORE PRESS QUOTES: Perpetual Groove has proven that they are more than just a killer live band with the release of "Sweet Oblivious Antidote." Combining thoughtful songwriting with mesmerizing instrumental expression, PG's intertwining melodies and rhythms create some beautiful and often exciting counterpoint. Titled appropriately, this fine album is a sweet oblivious antidote for toxic boredom! - Wildman Steve Bronson - Program Director, WQNR-FM -Auburn AL "The freshest sound to slide into the Atlanta scene this year. A pleasant blending of the groove and the song. These guys drive me. I dance, I listen, I repeat the songs in my head without the words, all without any effort on my part. It seems natural and easy to smile while listening to Perpetual Groove." -Jeff Dunham, Assistant PD, Z93 Atlanta "Perpetual Groove is definitely no joke this is the way music ought to be!!! The ability to move me reminds of my days of following the Grateful Dead !!!" - James Williams- music director- KAFM 88.1fm in Grand Junction, Colorado P-Groove's new album Sweet Oblivious Antidote is the perfect combination of kick ass jazziness, old school grooviness, layered with a thick blanket of funk. The mindful lyrics accompany the music perfectly. Each tune has its own unique feel...the next best thing to a live PGroove show. - Paige Witherington WSBF 88.5 FM Clemson SC I love this disc! Great musicianship that offers crisp, fresh jams. I can't get enough, send these guys North!!! -John Hacklin WECS 90.1 Willimantic CT "Cool, smart songs that ebb and flow......like waves crashing on

the beach. The use of keyboards, and synthesizers in their music is tasty, like a flavor enhancer, adds zest, not over-powering. "Three Weeks" is a great example. Standout tracks for me are tracks 1, 7, and.9." Rick Snider WDST 100.1 FM Woodstock NY I am sold on Perpetual Groove in a huge way, and \*I NEED TO SEE THEM LIVE\*!!!!!! I've been talking them up to as many people as I can find, and this is how I most recently described them to a close friend... "I think these guys really stuck their heads up and started looking around during the second half of 2002, playing a couple music festivals more than anything else. I know very little about them, but after listening to the disk, I want to know more. Some of the freshest material I have heard in a while. to describe it any way, I would say it's similar to Phish circa 1997/1998. drawn out space funk instrumentalism designed to fill huge rooms like the Palace. except the funk element is very much downplayed, the whole tone of the music is much more mellow, and everything seems very liquid. Pgroove is all about creating texture in space. These guys might be ripe for something a bit larger." - Mick Olinik- Saturday Afternoon Jam Session - WNMC 90.7 FM - Traverse City, MI I luv the new Perpetual Groove....thanx for all your contributions and support of Endless Boundaries, the show wouldn't be possible without your music!! - Jason Varga - WBZC 88.9 and 95.1 FM Saturdays 6p-10 EST "Sweet Oblivious Antidote", integrates components from both the concrete and the abstract. Many a jam band has faced the challenge of balancing the two in the studio, where live energy is limited and studio gadgets - and the beauty of multi-tracking and dubbing - abound. "Antidote" cleverly balances this see-saw. - Sean Tice - Groove Traffic Control WHCL 88.7 Hamilton College- Clinton NY

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