

# North African Cookery - Arto Der Haroutunian

[DOWNLOAD HERE](#)

Arto der Haroutunian takes adventurous cooks on a tour of the cuisines of Morocco, Algeria, Tunisia and Libya in this comprehensive guide to North African food. There are over 300 recipes for traditional dishes such as tagines, stews, soups, and salads using classic ingredients such as fiery spices, jewel-like dried fruits, lemons, and armfuls of fresh herbs. Simplicity is at the heart of the medina kitchen. The exotic fuses with the domestic to produce dishes that are highly flavored yet quick and easy to prepare. Vegetables are prepared in succulent and unusual ways while dishes such as chicken honey and onion couscous, and 'gazelle horns' filled with almonds, sugar and orange blossom water provide a feast for both the imagination and the palate. Tunisian cuisine is perhaps the hottest of the region-due in large part to the popularity of the fiery chili paste, harissa. As well as a strong French influence, pasta is a passion in Tunisia. Morocco's great forte is its tagines and sauces-with meat and fish being cooked in one of four popular sauces. And Libya, although less gastronomically subtle than Tunisia and Morocco, excels in soups and patisserie. This collection represents the cooking of the region with refreshingly uncomplicated techniques, short lists of ingredients and the comforting, elemental flavors of various spices and seasonings. Recipes are easy to follow, and evoke the spicy, sumptuous flavors of the region. This culinary journey creates some of the world's most extraordinary gastronomic cultures. With a sumptuous range of dishes from simple street fare to elaborate banquet food, this book is a wonderful introduction to North African flavored with a slice of history, an anecdote or a fable that brings this land of the sunset' vividly to life. Author: der Haroutunian, Arto Publisher: Grub Street Cookery Illustration: N Language: ENG Title: North African Cookery Pages: 00384 (Encrypted EPUB) On Sale: 2011-05-19 SKU-13/ISBN: 9781906502348 Category: Cooking : General

[DOWNLOAD HERE](#)

## Similar manuals:

[Chinese Soup With Coriander And Chopsticks Asian Cooking](#)

[Calamari Cooking In A Copper Cauldron, Sea Food, Cooking, Nationaltypically, Speciality](#)

[Calamari Cooking In A Copper Cauldron, Sea Food, Cooking, Nationaltypically, Speciality](#)

[Calamari Cooking In A Copper Cauldron, Sea Food, Cooking, Nationaltypically, Speciality](#)

[Little One Year Old Boy Cooking](#)

[Little One Year Old Boy Cooking](#)

[Curanto, Cooking In The Earth Oven, Vegetables Cooking Over Hot Stones](#)

[Curanto, Cooking In The Earth Oven, Vegetables Cooking Over Hot Stones](#)

[Curanto, Cooking In The Earth Oven, Vegetables Cooking Over Hot Stones](#)

[Curanto, Cooking In The Earth Oven, Vegetables Cooking Over Hot Stones](#)

[Curanto, Cooking In The Earth Oven, Vegetables Cooking Over Hot Stones](#)

[Curanto, Cooking In The Earth Oven, Vegetables Cooking Over Hot Stones](#)

[Opening The Pit Oven At A Curanto, Cooking In A Pit Oven, Vegetables And Meat Cooking Over Hot Stones](#)

[Opening The Pit Oven At A Curanto, Cooking In A Pit Oven, Vegetables And Meat Cooking Over Hot Stones](#)

[Potatoe Dumplings In A Cooking Pot](#)

[Potatoe Dumplings In A Cooking Pot](#)

[Hot Sauces For Cajun Cooking In Louisiana](#)

[Cooking At Waterfall Valley Hut On Overland Track In Cradle Mountain NationalparkTasmania Australia](#)

[BRD Germany Bavaria Upper Bavaria Capitol Of Bavaria Odeons Square Hall Of Generals With Lion And The Theatiner Church Towers Of Theatiner Church](#)

[Munich, DEU, 20. May 2005 - Donnersberger Bridge In Munich, On Right Hand Side Is The General Customs Office Visible.](#)

[Woman Cooking In Front Of The Tent Patagonia Chile](#)

[White Nights, GUS Russia St. Petersburg 300 Years Old Venice Of The North Gate From General Staff Building To The Big Square With Alexander Columne Built In 1834 By Architect Auguste Montferrand N](#)

[White Nights, GUS Russia St. Petersburg 300 Years Old Venice Of The North Gate From General Staff Building To The Big Square With Alexander Columne Built In 1834 By Architect Auguste Montferrand N](#)

[White Nights, GUS Russia St. Petersburg 300 Years Old Venice Of The North Gate From General Staff Building To The Big Square With Alexander Columne Built In 1834 By Architect Auguste Montferrand N](#)

[White Nights, GUS Russia St. Petersburg 300 Years Old Venice Of The North Victory Coach On The Gate General Staff Building To The Big Square](#)

[White Nights, GUS Russia St. Petersburg 300 Years Old Venice Of The North Victory Coach On The Gate Of The General Staff Building To The Big Square With Alexander Columne Built In 1834 Near Eremit](#)

[White Nights, GUS Russia St. Petersburg 300 Years Old Venice Of The North Victory Coach On The Gate Of The General Staff Building To The Big Square With Alexander Columne Built In 1834 Near Eremit](#)

[White Nights, GUS Russia St. Petersburg 300 Years Old Venice Of The North Victory Coach On The Gate Of The General Staff Building To The Big Square With Alexander Columne Built In 1834 Near Eremit](#)

[White Nights, GUS Russia St. Petersburg 300 Years Old Venice Of The North Victory Coach On The Gate Of The General Staff Building To The Big Square With Alexander Columne Built In 1834 Near Eremit](#)

[GUS Russia St. Petersburg 300 Years Old Venice Of The North Victory Coach On The Gate Of The General Staff Building To The Big Square](#)

[GUS Russia St. Petersburg 300 Years Old Venice Of The North Victory Coach On The Gate Of The General Staff Building To The Big Square](#)

[White Nights, GUS Russia St. Petersburg 300 Years Old Venice Of The North Gate From General Staff Building To The Big Square With Alexander Columne Built In 1834 By Architect Auguste Montferrand N](#)

[GUS Russia St. Petersburg 300 Years Old Venice Of The North Gate From General Staff Building To The Big Square With Alexander Columne Built In 1834 By Architect Auguste Montferrand Near Eremitage](#)

[White Nights, GUS Russia St. Petersburg 300 Years Old Venice Of The North Big Square With Alexander Columne Built In 1834 By Architect Auguste Montferrand And The Building Of General Staff And The](#)

[White Nights, GUS Russia St Petersburg 300 Years Old Venice Of The North At The Royal Field Memorial For Generalism Alexander Suworow](#)

[Man Cooking At Camping, Damaraland, Hoanib River, Namibia](#)

[Spoon With Cooking Oil](#)

[Tea Cooking On A Fire Place, Libya](#)

[Dinner And Tea Cooking On A Fire Place In The Sand, Libya](#)

[Dinner And Tea Cooking On A Fire Place In The Sand, Libya](#)

[Knife And Cooking Utensils At The Annual Fair Auerdult In Munich Germany](#)

[Older Woman Cooking](#)

[Privat Jet Behind A Security Fence At General Aviation Area At Munich Airport Bavaria Germany](#)

[Man Is Cooking](#)

[Man Is Cooking](#)

[Eggs Inside The Cooking Pot](#)

[Cooking Eggs](#)

[Cooking Eggs](#)

[Woman Cooking Spaghetti](#)

[Woman Cooking Spaghetti](#)