

Natural Cures For Menopause Mrr

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Natural Lubricant during Menopause By the time a woman enters her 40s or 50s, her levels of estrogen are going to reduce drastically. This, coupled with several other things that are going on within her body bring on a period in her life which is known as menopause. This can cause a number of different difficulties for women which can range anywhere from slight discomfort from hot flashes to difficulties with having intercourse. If the latter is the case with you, you may want to try some natural lubricants that will help you to overcome this problem and to enjoy being with your partner again

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