

Carbonated Beverages - Adam Furgang

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Whether you call it a soft drink, a soda pop, or just plain soda, carbonated beverages have been a favorite American drink since the 1800s. Since 1978, the consumption of carbonated beverages has tripled for boys 12 - 29, and doubled for girls in the same age group. According to the National Soft Drink Association, the average person now consumes 600 sodas per year, each at about 12 ounces per bottle. Boys ages 12 - 29 consume an average of 160 gallons per year-almost 2 quarts per day! In the United States, carbonated beverages are often less expensive than other drinks such as juices. Yet these "soft drinks" are far from benign. They are one of the major culprits in the obesity epidemic. This engaging, explorative book exposes the dangers of carbonated beverages and promotes healthy and flavorful alternatives. Author: Furgang, Adam Publisher: Rosen Central Illustration: N Language: ENG Title: Carbonated Beverages Pages: 00048 (Encrypted PDF) On Sale: 2011-01-15 SKU-13/ISBN: 9781448812660 Category: Juvenile Nonfiction : Health & Daily Living - Diet & Nutriti

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