

# The Top 100 Recipes From Ready, Steady, Cook! - Ainsley Harriott

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What does Ready Steady Cook mean to you? For some it means red tomatoes and green peppers, for others frenzied cooking and lively banter. Above all it stands for delicious, mouthwatering food that can be created in twenty minutes. Introduced by chef and presenter, Ainsley Harriott, this book contains 100 of the shows best recipes, tried and tested by its regular contenders - Ross Burden, James Martin, Nick Nairn, Paul Rankin, Tony Tobin, Brian Turner, Phil Vickery, Lesley Waters, Kevin Woodford, Antony Worrall Thompson - and, of course, Ainsley himself. Packed with healthy, delicious recipes, this easy-to-follow book reflects the energy and freshness of the show. It is divided into nine sections: Starters, Soups, Snack and Light Bites, Accompaniments, Vegetarian, Fish and Shellfish, Poultry and Game, Meat and Desserts. The chefs are also highly successful in their own right and many have published their own titles. All appear regularly in Good Food Magazine. Author: Harriott, Ainsley Publisher: BBC Digital Illustration: N Language: ENG Title: The Top 100 Recipes from Ready, Steady, Cook! Pages: 00144 (Encrypted EPUB) On Sale: 2012-04-24 SKU-13/ISBN: 9780563487296 Category: Cooking : General

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