## Mp3 Always The Runner - An August Golf



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defined amidst the shadowy oaks of Baton Rouge, LA, Always the Runner is an subservient rock band with songs that go from woolgathering to towering rock explosions. 8 MP3 Songs ROCK: Implemental Rock, NEW AGE: Healing An August Golf Songs Details: Formed amidst the shadowy oaks of Baton Rouge LA, Always the Runner is an subservient rock band developed by four young gentlemen in the summer of 2003. Shortly after it's incarnation, AtR entered the studio in August '03 to record their first demo. From these sessions came the two-song EP "I Thought I'd Find You Here", made available on the bands website alwaystherunnerand at performances. Their first full-length album was released March 2004 (Myla Records). It was recorded under the direction of indie-acclaimed engineer Fred Weaver at Apocalypse the Apocalypse studio in their hometown of Baton Rouge, LA. Promotional support for the album included an 11 city Midwest tour in summer '04 and a 12 city trek up the Northeast megalopolis in winter '04 that took the band as far as up-state NY. Album sales along the way have been aided by continued regional touring and international online distribution that has resulted in steady sales and press/media/radio airplay both stateside and overseas. In June '05, AtR recorded their latest full-length with engineer/producer Andy Baker (Macha, Man or Astroman?, Crooked Fingers, Elf Power) at the Boulevard House in Athens, GA. The record, titled "An August Golf" is due for release in September 2005 (Myla Records) and features 8 tracks. "AtR is not trying to follow around the current crop of 'epic, mostly subservient bands'. In fact, if all were right in the world, they would be leading most of them around." -1340 Mag (Kent Walter) Official Website: alwaystherunner.com Garrett Morley - Guitar + Keys/Synth + Loops Eric Dills - Guitar Chad Favre - Drums + Vocals Virgil Stanford - Bass Guitar + Keys

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