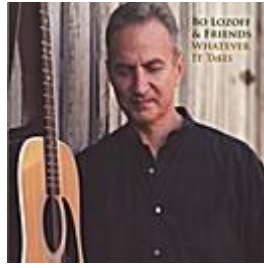


## Mp3 Bo Lozoff & Friends - Whatever It Takes



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Compelling stories, unique themes, sensational musicians and backup singers bring life to bo lozoff's insightful view of the human condition. utne reader calls lozoff "one of America's spiritual visionaries." 15 MP3 Songs ROCK: Folk Rock, FOLK: Modern Folk Details: Bo Lozoff's fans and admirers range from Mister Rogers - who called Bo one of his heroes - to Outlaw Biker Magazine, which called him "one righteous dude." His Holiness the Dalai Lama has written forewords to two of Bo's books. Talented musicians and singers flock into the studio to donate their time on that rare occasion when Bo decides to record some of his original music (only two albums in twenty years). Utne Reader named him "one of America's 100 spiritual visionaries." Bo Lozoff is founder and director of Human Kindness Foundation (humankindness.org). He and his wife, Sita, married since 1966, live at Kindness House, an interfaith spiritual community in North Carolina which runs the Foundation and also serves as a parole plan for prisoners from all over the U.S. Some members of his community and staff came to Kindness House directly from long periods of incarceration. Bo has lectured and led workshops in hundreds of prisons, universities and spiritual centers since 1973. He focuses on what he calls the threefold "spiritual common sense" of all genuine wisdom traditions: To live simply, devote one's life to serving others, and take time for daily prayer and meditation. The Foundation's quarterly newsletter, A Little Good News, is sent to approximately 40,000 people who try to integrate these principles into their lives. Bo's first book, We're All Doing Time (now in five languages), has been called "the Convict's Bible" by prisoners around the world. His other books include Lineage and Other Stories, Just Another Spiritual Book, Deep Simple: a spiritual path for modern times, It's a Meaningful Life - It Just Takes Practice, and his only book written especially for children, The Wonderful Life of a Fly Who Couldn't Fly. Bo is also an accomplished singer/songwriter with two CDs, Stumbling Toward The Light (1986), and Whatever It Takes (2004), as well as a

woodworker and carpenter who has designed and built many passive solar homes, including all the residences at Kindness House. In 1994, Bo and his wife, Sita, received the Temple Award for Creative Altruism for their lifelong work in peace and justice. In 1999, the Chicago Theological Seminary awarded Bo an honorary doctorate (Doctor of Laws), citing his commitment for bringing "God's reign of mercy and justice" into the world. In 2003, One Spirit Interfaith Seminary of New York bestowed their "Partners With God" award on Bo and Sita for their longstanding contribution toward bridging the principles of all major faiths.

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