

# Mp3 Brooke Medicine Eagle - Gathering: The Sacred Breath



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A phenomenal breakthrough in the genre of Native American and World spiritual music, this CD includes vision quest, circle dance, gathering songs brought to life with driving dance rhythms, soaring flutes, and beautiful, swirling choral harmonies. 27 MP3 Songs WORLD: Native American, NEW AGE: New Age  
Details: Gathering: coming together, breathing together, using our sacred breath in song - is the creation of magic. Coming together with unified intent, we breathe the breath of life into our dreams and visions. This is one of the great powers we are learning to use as we face the tremendous challenges of our time. Creator has given us the opportunity to find other potent ways than money and force to accomplish the renewal of our sweet Earth and our own holiness - gathering together is a central way, whether it be working in cooperation, singing together, or joining our consciousness with a global community in prayer. This first volume of our Gathering of songs is an invitation to come together and sing with others- to sing unity, wholeness, joy, upliftment, and renewal. Some of these songs are layered in many parts that allow you, without any special talent, to experience a complex interweaving of sound and breath - the beauty of harmony. My intention is to encourage you to come together with those of your own community to create harmony together, in many parts from high soprano to beautiful bass! I once asked my highest guides how to live harmony more fully in my life. Their immediate answer implied an "of course!" - "Sing in harmony as often as you can." As we come to understand that the vibratory essence, the feeling energy, we carry moment to moment, day to day, is what returns to us in the unfolding of our lives, we realize the importance of carrying harmony as the baseline of our experience - the experience of sharing sacred breath. We can draw inspiration from the practice of African and other tribal peoples who sing at every opportunity - turning even the dullest work into joy through unified breath and harmony. The choral

harmonies in these songs represent the beneficial sharing of our sacred breath, which is a powerful healing practice for this time of conflict and disharmony! The individual practice of gathering helps us to bring together the shattered parts of our beings and our scattered daily energy. It brings about a remembrance of wholeness that allows us to open our breath into summoning true Oneness with All Things. It is the conscious coming together with All That Is that gives us true power. In the space of that true power, magic and miracles take place. I chose this image for the cover art because the buffalo nation gathers naturally together in great herds to move across the land, creating abundance of body and spirit for all. The White Buffalo represents the unification of all our rainbow colors into one being, one unity, that my people call 'holiness'. White Buffalo Calf Pipe Woman urges us to remember ourselves as One, held within the womb of creation- each one united with Creator through the breath of life, made visible by the smoke of the sacred pipe, the Chanupa. From this holy place, we walk a sacred path into the future by making decisions that honor not only the whole Circle of Life present, but also the lineage of spirit from our ancestors down to the children of seven generations. I invite you to become a part of this Gathering, the sharing of Sacred Breath, which my musical partner Niles Urry and these fine musicians shared with me as we created this offering of love for you. Brooke

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