## **Handling The Sunburn Naturally**



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reason, they think they are. Did you ever wonder where the word comes from? Well, the answer is, its an acronym for port out, starboard home, which is a reference to the days of the British empire when the ladies the real ladies who were sailing out to India would stay on the port side of the ship whilst they would stick to starboard on the way back. Why? Because they didnt want their perfect milk white skin tainted by any hint of having been in the sun! Imagine that, going to all that effort to avoid even the merest tinge of facial redness because it was considered low-class, something that only the common hoi-poloi would ever be subjected to or even contemplate!

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