

Mp3 Lady Kool Kat - Exposed



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This is spoken word art, set to music and meant to take you thru every emotion and bring you back. 7 MP3 Songs SPOKEN WORD: With Music, SPOKEN WORD: Poetry Details: I was born and raised in Houston, Texas to a single mother of 3 girls. As the eldest of the 3, I experienced so many unforeseen incidences that a young girl should never be exposed too. After becoming an adult my life was going in directions that I was not pleased with. I tried to ease my pain by trying to help others soothe theirs. While working in the healthcare field I thought I had found my peace. But becoming a young mother of a special needs child and 3 other little ones my peace and happiness soon began to fade. I emerged myself in church seeking to fill the empty void that was consuming my life. There I found a peace and calm, yet the longing was still there. In the midst of my confused state of mind, I still managed to fall in love and marry my husband. Now without all the distractions flowing through my life I became a stay at home mother of now 6 children. Without warning, the loneliness, pain and emptiness began to creep back into my conscienceous. Poetry, being the only way to express my feelings, I then began to put pen to paper and thats when Lady Kool Kat was born. Now I feel like Muhammad Ali with his gloves of steel, fighting for his life. But my gloves of choice are a pen and paper and a microphone to spin the words of Lady Kool Kat.

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