

Beauty By God: Inside-out Secrets For Every Woman - Shelly Ballestero

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Some Christian women believe they must downplay their appearance in order to be godly, but looking your best doesn't have to mean maintaining a supermodel image. Women can be creative with their appearance and enhance God's gift of beauty without feeling guilty. Women face the world each day under pressure to look their best. How can they balance the desire to uncover and maintain God-given outer beauty with inner beauty arising from their faith? Beauty coach Shelly Ballestero helps women navigate pressure from the world to meet unrealistic standards of outer perfection and inspires them to discover the true beauty God designed in them, inside and out! Beauty by God offers the reader both spiritual principles to develop inner beauty and practical tips for caring for her God-given body. Shelley helps women acknowledge the struggle that we all deal with inside outsides and she helps us see that true beauty is a combination of mind, body and spirit. Kim Alexis. Supermodel Author: Ballestero, Shelly Publisher: Regal Illustration: N Language: ENG Title: Beauty By God: Inside-Out Secrets for Every Woman Pages: 00224 (Encrypted EPUB) On Sale: 2011-08-26 SKU-13/ISBN: 9780830746842 Category: Health & Fitness : Beauty & Grooming - General

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