

## Random Days (mp3 Album)



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a distinctive melodic sensibility rooted in the folk rock tradition with shades of gypsy jazz and pop underpinnings. 11 MP3 Songs in this album (53:48) ! Related styles: FOLK: Folk-Rock, ROCK: Adult Alternative Pop/Rock People who are interested in Annie Lennox Jennifer Warnes Chrissie Hynde should consider this download. Details: Harriet Frost brings a commanding voice and a distinctive melodic sensibility to music that is rooted in the folk rock tradition, inviting shades of gypsy jazz and pop underpinnings into the mix. Her compelling vocal character makes this music accessible and current. The songwriting influences of Leonard Cohen, Bob Dylan, Joni Mitchell can be felt. It is in the spaces between the lines that her unique voice invites us into an intimate connection with her stories. At once provocative and resonant with an inner knowing, Frost's music explores political landscapes, personal dreamscapes and life's panoply of disappointments and joys. Random Days In this lyric and evocative collection, Harriet Frost summons some of the most urgent questions of the spirit. What matters? What is true? In the gritty late night of a couple's conflict...on the wind-swept dunes of the Middle East...in a private moment that holds both gratitude and grief, Frost conjures reckonings both personal and universal. Her music burrows inward, summoning a confrontation with self, with others, with history, but first and foremost with love. If the songs both soothe and startle us, it is because they manage to at once traverse and strip away the layers of moments and experience wrapped around the deeper questions propelling us. Like conversations overheard, their meaning gathers, finds us, invites us in. A keen observer and raconteur, Frost crafts her lyrics with the precision of a poet. Her warm and self-assured voice, and effortless phrasing, turn the listener into a treasured confidante. Eight of the 11 selections are her own compositions. Among them the joyous exultation of the collection's title track Random Days the edgy Marusa , the deeply personal Dreamchild ballads that are held together musically through excellent

production and the bold instrumentation of longtime collaborator-producer, guitarist Jim Woodyard. Alongside her original songs she surprises us (opening with a lick reminiscent of Bill Withers' Use Me) with a heart-stopping interpretation of Murray Head's Never Even Thought. Frost gives a wonderfully nuanced interpretation of the Mark Knopfler gem Romeo and Juliet while an homage to the George Harrison modern classic While My Guitar Gently Weeps is safe in her hands. She inhabits these songs with passion and respect, interpreting them with the same compassion and intelligence present in her own work. Harriets musical journey began in Montreal Canada, where she wrote and performed throughout her highschool and college years, then moved to the the Middle East where she performed with many international artists. She was the founding Musical Director for the ground breaking Israeli theatre troupe The Gypsies. This troupe of Israelis, Palestinians and North Americans put on original musicals to promote peace in Arab and Israeli communities. She returned to North America with a strong vision for herself and her music. Vancouver has been home, where raising a family, Frost has continued to write and perform her eclectic blend of folk inspired music. Harriets music has been featured on the CBCs The Afternoon Show Definitely Not The Opera Radio Stations CITR and CKNW and on College Radio stations across Canada. She has been a frequent performer with Just Singing Round a showcase of Vancouver Singer Songwriters that donate all their proceeds to local charities..... For more information check out her website [harrietfrost.com](http://harrietfrost.com)

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