

Burnout Im Arbeitsbereich Psychiatrie - Daniela Mücke

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1. Einleitung In den letzten Jahren ist der Begriff 'Burnout' zu einem neuen Schlagwort in den Medien geworden und auch in den psychiatrischen Arbeitsbereich vorgedrungen. Nach Burisch (Zitat Burisch, M.; 1994, S. 6) ist das Burnout-Syndrom 'eine langandauernde zu hohe Energieabgabe für zu wenig Wirkung bei ungenügendem Nachschub'. Das Erreichen eines selbst oder von außen gesteckten Zieles ist genauso unmöglich wie das Aufgeben dieses Ziels. Meist handelt es sich hierbei um einen Prozess, der mit Motivationsverlust und Desillusionierung beginnt. Das Burnout-Syndrom ist ein Phänomen unserer unmittelbaren Gegenwart, das durch unsere heutigen Lebens- und Arbeitsweltansprüche entstehen kann. Letztlich liegt diesem Prozess ein 'Leiden an der Moderne' zugrunde. Author: Mücke, Daniela Publisher: GRIN Verlag Illustration: N Language: GER Title: Burnout im Arbeitsbereich Psychiatrie Pages: 00037 (Encrypted EPUB) / 00037 (Encrypted PDF) On Sale: 2005-01-01 SKU-13/ISBN: 9783638356336 Category: Business & Economics : General

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