

Mp3 Ablemonk - The Kitchen Sink



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A mind blowing fusion of heavy reggae, afro-cuban rhythms, and 'hip-hope' lyrics. This artist is world eclectic, soulful, and incredibly danceable. 8 MP3 Songs in this album (40:34) ! Related styles: WORLD: World Beat, REGGAE: Dub Poetry People who are interested in Manu Chao Talib Kweli should consider this download. Details: Aaron Ezra Ableman ("ablemonk.org" "planetexpress.ca") BIO: Having grown up with shovels, peaches, harmonicas, and a 'bioneering' family, Aaron Ableman's life story if not easily painted by the numbers. With a vast universe of cultural, communal, and environmental influence, he is fond of boasting that Wendell Berry once complemented him on his skateboarding "style and cool expression". A variety of schooling, world travel, and performance experience, he has always felt the need for the creative spirit in all aspects of life. "Art comes from the Indo-European word ("Ar"), meaning connection, and remains a primary function of our health, happiness, and survival!" Musical theatre shows in native reservations and children's hospitals, tree planting projects in the orphanages of India, founding member of an NGO promoting 'whole communities', this well-fed artist is healing the world, one heart beat at a time. And the beat don't stop..."

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