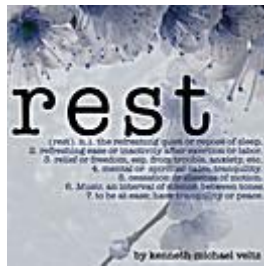


Mp3 Kenneth-michael Veltz - R E S T



[DOWNLOAD HERE](#)

A 28 minute centering musical experience; relax, escape, refresh, create. 16 MP3 Songs NEW AGE: Healing, NEW AGE: New Age Details: A 28 minute centering musical experience; relax, escape, refresh, create. *r e s t* is a combination of poignant and diverse musical pieces, arranged in a carefully selected order, that will take you on a pleasant and centering inner journey. The pieces were written and are emotionally driven by real life experiences presented in a very wide range of musical styles that all promote *r e s t*. Each movement evokes unique emotions. Some are deep and darker. Some are light and playful. None are abrupt or indulgent. Each is designed to allow you to make them what you need them to be; a supportive soundtrack for your inner images and thoughts. *r e s t* brings a deep, settling effect that draws you to a clear and peaceful frame of mind. Mental exhaustion is worse than physical exhaustion. Sometimes all you need is a break from your thoughts. It only takes 28 minutes to find some *r e s t*. On the train, to and from work, before a test, in the bath (highly recommended), before creating, after a fight, when you need good cry, just before bed, any time or place; no side effects. It goes nicely with yoga and meditation and can be a muse for creative expression. To enjoy rest to the maximum, do whatever you do to chill out, use headphones or find a quiet place where you won't be bothered for 28 minutes. Here is what people are saying about *r e s t*. Please note: these are unsolicited responses. *** Rest is unbelievably awesome. The sense of the music is perfect for anyone who meditates or just wants to relax into oblivion. I would even recommend it to anyone who teaches meditation for their meditation sessions. It's deeply spiritual and a gift to all of us. Bill management consultant in Reston, VA. ***

WOWWWWWWWWWWWWWWWWW THAT WAS SOME VERY COOL WORK . I REALLY ENJOYED IT . MADE ME THINK OF ALOT OF THINGS, PAST AND PRESENT. I REALY LOVE YOUR WORK. IT'S DONE WITH ALOT OF HEART AND EMOTION. MADE ME THNK OF ALOT OF PEOPLE THAT ARE NOT

AROUND ANYMORE [IF YOU KNOW WHAT I MEAN]. I'LL DREAM OF THEM TONIGHT I HOPE.
THANKS FOR YOUR GIFT. BABE MUSICIAN, UPSTATE NEW YORK *** I am writing. Going on hour 3
of listening to Rest. One would think it would, at this point, be growing slightly stale to the ear. On the
contrary, each time round, I discover a new mood or feeling...or continue to eagerly welcome an old
familiar one. Incredible composition and collection of songs...haunting. Philip Producer Los Angeles ***
Thanks Ken, My wife and I listen to instrumental music each night before going to sleep. We listened to
some of the tracks and already it is our new fav. Tony, Buffalo, New york *** It's lovely! I play it at work
when I'm stressed. And I'm giving the other CD to my boyfriend who likes to play it when he has trouble
sleeping. Keep them coming! Nancy, Systems analyst, Chicago, IL *** beautiful! i am way into vibrational
healing and the effect of sound/tones on the body... still listening as i write. i love it. Rhonda, Nashville,
TN *** Ken, I would say Rest is absolutely AWESOME!! I have thought sometimes I was a strange animal
(as not many people like this kind of music) Great idea. NOW, this is MY kind of Music! Congrats Katia,
Washington, DC People who are interested in Enya Andy McKee should consider this download.

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