

Mp3 Lincoln Adler - Sax Therapy



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Unique music for massage and relaxation - a constant, sensual groove for the entire 70+ minutes - featuring ambient percussion and beautifully calm saxophone. 9 MP3 Songs ELECTRONIC: Ambient, NEW AGE: Ambient Details: Time...in today's modern society, it's a scarce resource that people are not always able to spend wisely. On his sensual new release, Sax Therapy, Lincoln Adler shows us how to relax, how to breathe, how precious each moment can truly be. Created by a massage practitioner, Sax Therapy is a journey to a quiet place where breath and groove become one. It is an album designed to get the body worker in a comfortable, relaxed groove, and keep things going with a constantly varying, tempo-consistent, percussion track. Of course, this music can be accompaniment for more than just massage. In addition to being useful in meditative environments, this music makes an excellent soundtrack for many activities, including those of the more sensuous variety. Floating gently over the 72 minutes of hypnotic percussion and keyboards is the sultry, sensitive and inventive saxophone playing of Lincoln Adler. In addition to putting out several of his own CDs, Lincoln is known for his work with many recording artists including k d lang, Olivia Newton John, and a long stint playing in the band of actor/keyboardist Jeff Goldblum. He is currently leading an exciting new project called Times 4, with a CD due out in July (Times4music.com). Here is an album that takes you for a quiet, sensuous journey. This is an album you will begin to crave in those moments when the lights are low and you need to decompress; when you're doing energy work or massaging clients; when you're spending quality time with that special someone. Sax Therapy is truly "music for your body."

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