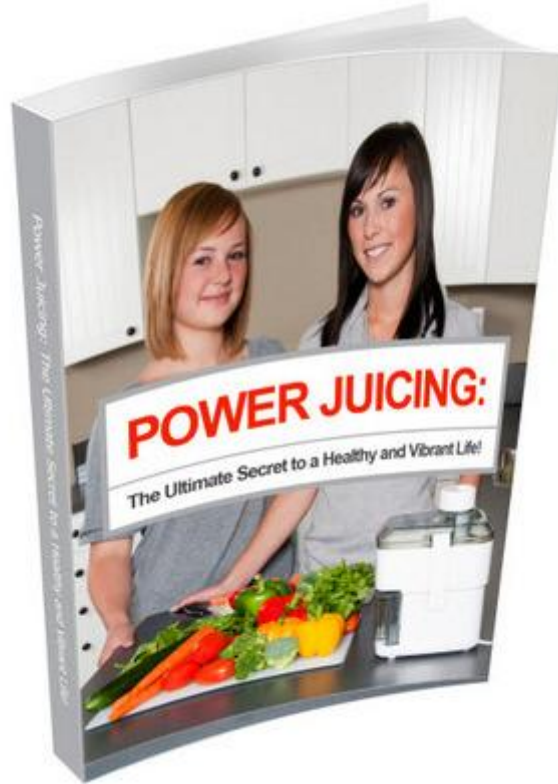


Power Juicing: The Ultimate Secret To A Healthy And Vibrant Life



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Power Juicing: The Ultimate Secret to a Healthy and Vibrant Life An amazing aspect of Power Juicing is that it doesn't have to consume your life. Drinking even one glass of fresh juice daily adds vitality to your life in unbelievable dimensions. But better yet, it's a healthy nutritional practice that you can even enjoy with your children. Choose their favorites fruits -- okay, perhaps "flavors" when we're talking kids! -- and create a unique Power Juice creation just for them. You can even name the drink after your child. For a certain age group, this alone is enticing! Think about starting your child off to school with fresh juice fortified with the nourishment needed to help her get through her day. It might even make you feel like a Super Mom or Super Dad! If you've ever wondered about the effectiveness of juicing as a nutritional tool, then you're in the right place. This book was written to show you the value of juicing and to provide you with everything you need to get started. Here's what you'll discover in Power Juicing: The Ultimate Secret to a Healthy and Vibrant Life! eBook: You'll discover in just a few short minutes how to gain energy with juice... How to understand the power of home-made juice compared to bottled juice... 2 simple keys (that

are right in front of your eyes) to using juice to loose weight... WARNING: 3 things you should never do when it comes to juicing... A pennies on the dollar approach to seeking medical guidance for sciatic pain... 3 little known, yet simple ways to take advantage of the power of juice... When to seek professional help when it comes to fasting with juice... 7 everyday but often overlooked tips and tricks for using juice to alleviate diabetes... Secrets from experts that few people ever know about... 3 proven steps to understanding how juice can detoxify and cleanse your body... How often to fast using juice... 6 time tested and proven strategies to lower your blood pressure with the power of juice... How to use the power of juice to alleviate asthma... The once famous but forgotten secret that instantly allows you to have an overall healthier lifestyle with the power of juice... I've only covered a few of the health conditions Power Juicing can heal. But I've also armed you with an abundance of knowledge of nutrients and the sources of these nutrients. If you think you want to tackle other health problems, you've already got the blueprint you need. Simply learn what vitamins, minerals, and other nutrients benefit the specific disorder, disease, or condition you want to improve. Then research which fruits and vegetables contain these nutrients. I've covered just about every important building block of health in this book. Then you can create a specific Power Juicing program that is truly yours and yours alone. Now it's time for us to part. You'll be busy designing a new life of energizing vitality. P.S Also remember, that you are making this purchase at absolutely no risk. So grab this special price while you can! If Power Juicing: The Ultimate Secret to a Healthy and Vibrant Life isnt everything you were expecting, simply notify me within 56 days and I will refund your money immediately. Tags: healthy nutritional vitamins minerals nutrients health conditions blood pressure

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