

Mp3 Bo Lozoff & Friends - Eyes So Soft



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This live recording is intimate, poignant and powerful, Bo's voice ranges from rousing and energetic to comforting and soothing while tackling subjects that are deeply moving and reflective. 14 MP3 Songs

FOLK: Modern Folk, COUNTRY: Country Folk Details: Bo Lozoff's fans and admirers range from Mister Rogers - who called Bo one of his heroes - to Outlaw Biker Magazine, which called him "one righteous dude." His Holiness the Dalai Lama has written forewords to two of Bo's books. Talented musicians and singers flock into the studio to donate their time on that rare occasion when Bo decides to record some of his original music (only three albums in twenty-one years). Utne Reader named him "one of America's 100 spiritual visionaries." Bo Lozoff is founder and director of Human Kindness Foundation (humankindness.org). Bo has lectured and led workshops in hundreds of prisons, universities and spiritual centers since 1973. He focuses on what he calls the threefold "spiritual common sense" of all genuine wisdom traditions: To live simply, devote one's life to serving others, and take time for daily prayer and meditation. The Foundation's quarterly newsletter, A Little Good News, is sent to approximately 50,000 people who try to integrate these principles into their lives. Bo's first book, *We're All Doing Time* (now in seven languages), has been called "the Convict's Bible" by prisoners around the world. The Village Voice named *We're All Doing Time* "one of the ten books everyone in the world should read." His other books include *Lineage and Other Stories*, *Just Another Spiritual Book*, *Deep Simple: a spiritual path for modern times*, *It's a Meaningful Life - It Just Takes Practice*, and his only book written especially for children, *The Wonderful Life of a Fly Who Couldn't Fly*. Bo is also an accomplished singer/songwriter with three CDs, *Stumbling Toward The Light* (1986), *Whatever It Takes* (2004), and *Eyes So Soft* (2006) as well as a woodworker and carpenter who has designed and built many passive solar homes. In 1994, Bo and his wife, Sita, received the Temple Award for Creative Altruism for their lifelong work in peace and justice. In

1999, the Chicago Theological Seminary awarded Bo an honorary doctorate (Doctor of Laws), citing his commitment for bringing "God's reign of mercy and justice" into the world. In 2003, One Spirit Interfaith Seminary of New York bestowed their "Partners With God" award on Bo and Sita for their longstanding contribution toward bridging the principles of all major faiths.

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