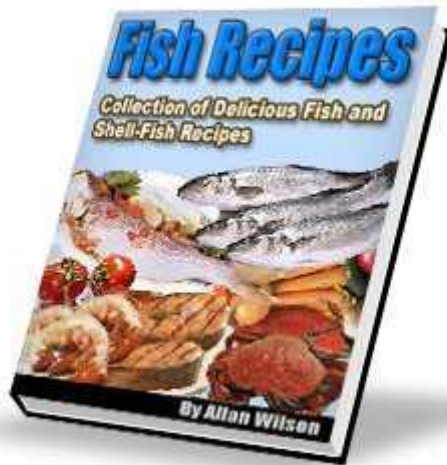


Fish And Shell-fish Recipes



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Fish and Shell-Fish Recipes Collection of Fish and Shell-Fish Recipes Contents Fish And Shell-fish Recipes Fish In The Diet Composition And Classes Of Fish Food Value Of Fish Preparation Of Fish For Cooking Methods Of Cooking Fish Fish Recipes Shell-Fish Recipes Recipes For Fish Sauces Fish Recipes: Boiled Fish Boiled Salmon -1 Boiled Salmon -2 Boiled Salmon -3 Boiled Salt Salmon. Boiled Cod Boiled Salt Cod Boiled Cod With Lobster Sauce. Boiled Haddock With Lobster Sauce. Broiled Fish -1 Broiled Fish -2 Broiled Scrod With Potato Border Broiled Fresh Mackerel. Broiled Shad Roe. Broiled Salmon. Broiled Salt Salmon Broiled Halibut. Baked Fish. Baked Haddock. Baked Halibut. Baked Salmon Trout. Baked Salmon Whole Baked Bluefish Baked Fillets Of Whitefish. Baked Finnan Haddie. Baked Rock Fish. Casserole Of Fish Creamed Codfish. Creamed Finnan Haddie. Creamed Tuna Fish. Creamed Salmon With Rice. Creamed Fish In Potato Nest. Cod Fish Balls. Codfish Soup Dressing For Salmon Mold Dropped Fish Balls Escaloped Fish. Eel Soup. Eel Fry. Eels Sauce (italian) Eels A La Tartare. Fresh Fish Fry. Fresh Salmon Fried. Fresh Herring. Fillet Of Flounder. Fish Stuffing -1 Fish Stuffing -2 Fish Stuffing -3 Fish Salad -1 Fish Salad -2 Fish Salad -3 Fish Salad With Vinaigrette. Fish Balls -1 Fish Balls -2 Fish Chowder -1 Fish Chowder -2 Fish Chowder -3 Fish Croquettes Fish Au Gratin. Fish Soup -1 Fish Soup -2 Fish Fry -1 Fish Fry -2 Fried Perch. Fricassee Salmon. Halibut Cutlets Mackerel Salad. Matelote Of Codfish. Pan-fish. Pickled Salmon. Planked Fish. Rock Fish Stew Shad Broil Salt Fish With Dropped

Eggs. Salt Codfish In Potatoe Puree. Salt Fish Souffle. Sauted Fish. Sauted Smelts. Sauted Halibut Steak. Sauted Pickerel. Sauted Salt Mackerel Stewed Fish -1 Stewed Fish -2 Stewed Fresh Herring. Stewed Eels -1 Stewed Eels -2 Steamed Fish. Sardine Salad Smoked Salmon Salmon Mold. Salmon Cutlets Salmon Pudding Salmon Patties. Salmon Timbale Or Loaf Salmon Salad -1 Salmon Salad -2 Salmon Dressing Salmon Collar Salmon Pickle Salmon En Maigre. Salmon Croquettes -1 Salmon Croquettes -2 Salmon And Caper Sauce. Salmon Patties. Salmon Baked In Slices. Salmon Steaks Salmone Alla Perigo (italian) Salmone Alla Giardiniera (italian) Smelts A La Tartare. Smelts As A Garnish. Tuna Salad -1 Tuna Salad -2 Trouts En Maigre. Turbot A La Creme.

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