

Mp3 Baz Mantis & Kerry Thomson - The Wishing Well Sessions



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Relaxing guided meditations over a melding of ambient atmospheric electric guitar instrumentals and healing crystal singing bowl tones. 4 MP3 Songs in this album (52:45) ! Related styles: NEW AGE: Meditation, NEW AGE: Spiritual Details: Ambient New Age electric guitar instrumentalist Baz Mantis and spiritual teacher Kerry Thomson present 'The Wishing Well Sessions - Meditations For The Integrated Soul', an album featuring four guided meditation tracks with atmospheric gentle music and sounds of nature in the background. Kerry's collection of crystal singing bowls make an appearance during an epic chakra meditation, with the intention that the listeners atomic structure may be beneficially influenced by listening to the meditation with speakers, allowing the sound waves to carry through the body and attune it at a cellular level. The meditations range in length from between 7 and 24 minutes, allowing the listener to choose one which can be fit into the typical demands of a busy modern lifestyle. The music heard behind the meditations is from Mantis' instrumental album 'Pieces Of Daylight', which is also available for sale on this site.

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