

Gatekeeper: The Fighting Life Of Gary "big Daddy" Goodridge - , Mark Dorsey

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The biography of a pioneer in the mixed martial arts (MMA) scene, this work takes readers through Gary Big Daddy Goodridges entire career from his roller-coaster formative years and his emergence as a world champion athlete to his role as a loving father struggling to find work. With humble beginnings in a small town in Canada, Goodridge endured bullying as a child and honed his natural strength, athleticism, work ethic, and charisma while fighting on the streets and as a bouncer in clubs. Eventually learning to channel his rage into more productive outlets, Goodridge soon became a world-champion arm wrestler, a boxing champion, a lethal Ultimate Fighting Championship contender, and a renowned MMA warrior. Filled with stories about backstage fights, steroid use, and fixed fights, this tell-all is a must-read for fight fans the world over. Author: Goodridge, Gary Author: Dorsey, Mark Publisher: ECW Press Illustration: N Language: ENG Title: Gatekeeper: The Fighting Life of Gary "Big Daddy" Goodridge Pages: 00300 (Encrypted EPUB) On Sale: 2012-02-01 SKU-13/ISBN: 9781550229936 Lib Category: Martial artists - Canada Lib Category: Pratiquants des arts martiaux - Canada Category: Sports & Recreation : Martial Arts & Self-Defense Category: Biography & Autobiography : Sports - General

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