

Dr. Atkins' New Diet Cookbook - , M.s. Gare, Fran

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This book contains more than 200 recipes developed specifically for Dr. Atkins New Diet Revolution alongside meal plans and scientific data that demonstrates the health benefits of low-carbohydrate eating to control cholesterol, end fatigue, and reduce allergies Author: Atkins, M.D., Robert C. Author: Gare, Fran, M.S. Publisher: M. Evans & Company Illustration: N Language: ENG Title: Dr. Atkins' New Diet Cookbook Pages: 00247 (Encrypted EPUB) On Sale: 1995-09-27 SKU-13/ISBN: 9780871317551 Category: Cooking : Health & Healing - General Category: Cooking : Health & Healing - Low Fat

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