Mp3 Rosalie Glemann - Mental Rehab



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Inspirational, easy-listening, "message" songs 10 MP3 Songs GOSPEL: Contemporary Gospel, EASY LISTENING: Soft Rock Details: These are what I'd call "off-the-beaten-path" songs. That's why I chose the title "Mental Rehab". How often we get ambushed by regret, or strait-jacketed by perfectionism, or imprisoned in our feelings, or let imaginary causes direct our actions, or think we're the center of the universe and overlook the whispers of the Almighty Creator, or get so involved in "business as usual" that we miss an awesome sunset that has the fingerprint of God on it... There are alternatives... Maybe we ought to set aside a little time each day to relax, be honest with ourselves, and wonder about the miracle of life and love... (Rosalie)

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