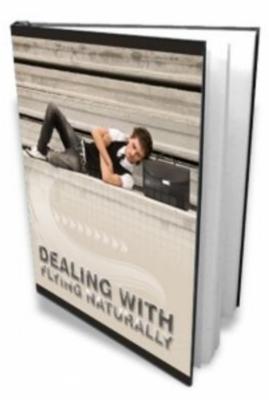
Natural Treatments For In-flight Problems



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Conquer Your Fear of Flying! In Natural Treatments for In-Flight Problems I start off by addressing fear of flying and discuss every single aspect of it including -- * Stories about famous people who share your fear of flying - those who got over it and those who have a reputation for being irrational because of it * How the media (newspapers and television) contribute to our fear of flying by making the absolute most of air-borne catastrophes * Why it is irrational to focus on the plane crashing rather than making it to its destination (which does happen millions of times a day) * The truth about your odds of actually being killed in a plane crash - even on the worst airline with the worst record it is 1 in 1.13 million and on the airline with the best record it is 1 in 8.47 million! * How watching movies about plane crashes contributes to our fears (for example -the odds of a plane crashing into the side of a mountain and bursting into flames are millions to one!) * How to develop a trust in the crew that is flying the plane

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