

Stress Im Grundschulalter - Monique Schwertfeger

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Im ersten Teil der Arbeit werden zentrale Ursachen, Symptome, Folgen und Befunde zu Stress beschrieben. Im zweiten Teil werden die Konzeption und Wirksamkeit von Stresspräventionstrainings und -maßnahmen für Kinder im Grundschulalter vorgestellt. Die Arbeit basiert grundlegend auf folgenden Fragestellungen: Woher kommt Stress? Was sind Ursachen für Stress bei Kindern? Was sind mögliche Folgen von Stress, und wie kann man sich schützen? Author: Schwertfeger, Monique Publisher: GRIN Verlag Illustration: N Language: GER Title: Stress im Grundschulalter Pages: 00013 (Encrypted PDF) On Sale: 2006-01-01 SKU-13/ISBN: 9783638526456 Category: Education : General Category: Psychology : General

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