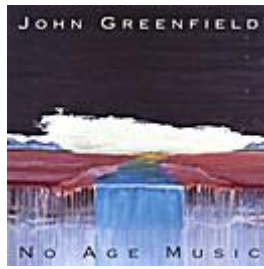


Mp3 John Greenfield - No Age Music



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Background music 10 MP3 Songs NEW AGE: Healing, CLASSICAL: Contemporary Details: A quiet, dedicated guitar virtuoso with extensive training in physics and acoustics, John Greenfield presents the first album he has written, recorded and produced -- even down to creating the cover art. In this work John shows the spiritual side of his music incorporating a therapeutic use of sound. "Music takes up the part of my brain usually reserved (in others) for religion. To me the most sacred music has to be purely instrumental -- for it expresses tonality without literal reference or the involvement of the ego. This is one of the rules No Age Music must follow." "Every sound excites us down to the cellular level, and there are some sounds that resonate deep in our bodies in particular ways which promote health and healing." Looking around the Mirror Records Studio, one does not see the usual studio recording equipment. Many of the devices are unmarked anonymous boxes with lights and dials which have been designed or co-designed by John to achieve a particular facet of his sonic vision. Greenfield keeps many secrets regarding his sonic originality, saying only: "As the means to achieve my ideas did not already exist, I was compelled to build my own equipment along the way -- however, there is a lot more math in the music than the equipment." Greenfield quickly directs attention away from his gadgetry to get back to the subject: "Think of my music as a sonic hologram. The settings of each piece are parallel worlds of subliminal terrain. As a compositional element I find it fascinating to direct the journey from piece to piece (including timed pauses) by manipulating spacial cues and enviornmental content within the soundfield. Beyond this are the low frequencies which are camouflaged in the harmonic rythms of the music in such a way as to create a resonant progression through the chakras beginning with the solar plexis upward. This stimulation is present even at nominal listening levels. Finally the lighter frequencies are gently tuned for the perfect phase relationships with which to caresss as well as stimulate the the fine hair cells of the

ears. To this end, No Age Music seems to create not only a world of its own, but a feeling of its own. No wonder it is hard to judge how long the album is if there is no clock in the listening area. The mind wanders into a sort of non-linear introspection -- masking actual clock time." "Healing is the theme of this album" says Greenfield, "from the gentle cleansing of the rain in the first selection to the cathedral organ at the end of the CD, every element is carefully selected for its progressive effect on the listener mentally and physically" Audiophiles will appreciate the attention to sonic detail as well as the dynamic range of this recording. Infact, Greenfield warns to defeat all "loudness" controls and equalization on stereo systems to get a natural impression of the sonic content given its expanded dynamic range. Suffice it to say that if you listen to No Age Music on a pair of \$150K Wilson speakers you will be rewarded beyond belief. No less is the enjoyment (if not the impact) through a decent pair of headphones. "The album is way overbuilt", says Greenfield. "most people will never hear all the sonic information packed into this work, yet that influence is essential to the outcome of even the most casual exposure". This is an album that never sounds "dated" -- that no matter how many years you own it, you'll still find something new when you turn it on. Lofted by Greenfields' unique approach to guitar, No Age Music is a soul filled journey, a road less traveled, and a soundtrack for healing from the inside out.

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