

Mp3 Gwen Randall-young - Hypnosis For Weight Loss



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Guided imagery / hypnotic suggestion for achieving your desired weight 1 MP3 Songs NEW AGE: Healing, NEW AGE: Meditation Details: Relax and surrender to the soothing images as Gwen guides you along a peaceful journey which will program your body/mind for successful weight loss. Repeated listenings will speed and reinforce the process and support maintenance of your desired weight. Background music by Aeolia, used with permission. Gwen Randall-Young is a psychotherapist and author whose work bridges the worlds of psychology and spirit. Her gentle voice of change, and soul-centered approach as expressed in her books, audiotapes, and CDs continues to transform and uplift the lives of many throughout the world. For more titles, articles and information, please visit Gwens website: gwen.ca People who are interested in should consider this download.

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