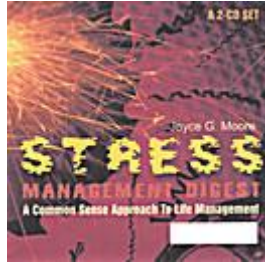


Mp3 Joyce G. Moore - Stress Management Digest: Common Sense Approach To Life Management



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Stress Management Digest. A Common Sense Approach To Life Management is a basic down-to-earth series of facts that enhance one's abilities to navigate day-to-day events - and when followed - one may encounter less stress. 28 MP3 Songs SPOKEN WORD: Educational, SPOKEN WORD: Audiobook Show all album songs: Stress Management Digest: Common Sense Approach to Life Management Songs Details: Joyce G. Moore find consolation in helping others to achieve their own maximum potential. She is an author, poet, travel consultant, life coach and facilitator of success and stress management. Joyce enjoys spending time with her family, reading, photography, attending concerts, designing greeting cards and doing her own "Desk Top Publishing". Joyce is a true believer in "Science of the Mind". If the mind can conceive it - it can achieve it. She also believes that old saying, "If you give a man a fish, you feed him for a day, but if you teach a man to fish, you feed him for a lifetime." These concepts are evident in her publications - that are available on CDs and digital distribution. They include: Awaken the Strength, Joy and Peace Within (A compilation of Bible scriptures and other written works), I Found God (Poetry with musical backgrounds), The Power and the Glory (Poetry with musical backgrounds), Going Places...Doing Things (Poetry with musical backgrounds), Solving the Mystery of Success (Motivational - 2 CD set), and Stress Management Digest (Motivational - 2 CD set). Mamma says, "Life is...", is a series of 320 thought provoking sayings - only available in book form. (WWW.lifeis.net)

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