

# Mp3 No Artist - Speaking To Our Essence



[DOWNLOAD HERE](#)

'Speaking To Our Essence' provides a mirror of our deepest self with understanding and experience of our most important aspect from twenty one contemporary mystics and teachers mixed with exquisite meditative music. 8 MP3 Songs SPOKEN WORD: With Music, NEW AGE: Meditation Details: THE CREATION OF SPEAKING TO OUR ESSENCE 'Speaking To Our Essence' is the fruit of more than ten years of conversations between one passionate woman and some of the most remarkable people on the planet. That woman is Suchita - a radio producer, dance DJ and seeker from Western Australia and her guests are some of the world's most respected mystics, teachers and healers. The medium is Full Circle, her radio programme exploring consciousness, spirituality and wellbeing, broadcast to the people of Perth on community radio RTRFM 92.1 and to the world on rtrfm.com.au. In a hectic world, Full Circle is a two hour oasis of beauty, wisdom and peace. "Over the years to create a space for relaxation and contemplation late on a Sunday afternoon, I have continued to play with the synergy of profound words and beautiful music. When I combined special potent insights with meditative music, listeners reported that the resulting sound creations became powerful, transformative experiences. This inspired me to further my exploration with a series of transformative CDs to support the soul and enhance the inner life in our busy modern world. Rather than a one-off experience for radio I wanted to create an easily accessible medium that can be used whenever needed to help nurture the being. This is important in a world that values materialism and the intellect over the heart and soul. I discovered that every time a guest would speak about our 'essence', it would evoke in me a sense of my own deepest self and I often found myself aiming for this point in my interviews so that each would nurture that same sense in those listening. To explore that to which all mystics point - our highest, vastest, deepest aspect - seemed the perfect place to start, so 'Speaking To Our Essence' is the first in the series." May it support your journey

home." Suchita AWAKENING TO OUR ESSENCE How do you use words to describe something that is essentially indescribable? Mystics have for centuries tried to do just that, to talk about the deepest, most important aspect of each of us; the God within, our spirit, our soul, our deepest self - our 'essence'. Why? Because the more they talk about it, the greater the opportunity of understanding and evocation of that sense of deepest self in the listener. To awaken to our essence is to attain our ultimate potential and it is this awakening that is at the heart of all mystical teachings. 'Speaking To Our Essence' brings together the wisdom of twenty one contemporary teachers and mystics from around the world. Followers of many paths and no path, teachers of Tibetan Buddhism, Sufism, the Kabbalah, Hinduism and Theosophy, from a vast range of philosophies and viewpoints, they are united by common truths and each shares understanding and experience of our most important aspect. 'Speaking To Our Essence' is a unique soundscape that can be used over and over to take you on an ever-deepening journey into your self. It is great for use by individuals or for healers, therapists, workshop, meditation and retreat leaders as a valuable tool to enhance the power of their work. "I found this a transformative tool to help participants to touch the vastness of their being. There is a feeling of deep truth here." Jacob de Hoog

[DOWNLOAD HERE](#)

Similar manuals: