

Mp3 Selfish Steam - Version 4.0



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Recovery Rock "Friends in Recovery with music that touches the Soul". 14 MP3 Songs EASY

LISTENING: Mood Music, EASY LISTENING: Soft Rock Details: "Friends in Recovery with music that touches the soul" "As one person I cannot change the world but... If I can change the world of one person then my job is done". Tony Marossie grew up in Pasadena, California. By the age of 13 through his own bad decisions, he became a Ward of the Court. His new home was a place called Eastlake Juvenile Hall in East Los Angeles. This was only the beginning for Tony. Drugs and Alcohol consumed his every thought and by the age of 16 he was drinking and using drugs on a daily basis. Dropping out of school only made things worse for Tony. He was ordered by the court to join the Military the day he turned 17 or spend time in prison. Hed spend the next 25 years in and out of Treatment Centers, Jails and Institutions chasing something that was right in front of him the whole time it was his music. Through the help of a 12 step program Tony cleaned up his act and picked up his guitar and started writing music about his life experiences. He started to seek out other Recovering Musicians and put together a six piece band called Selfish Steam. In May of 2002 Selfish Steam received a Prism Commendation Award and a Prism Certificate of Merit (sponsored by the Entertainment Industries Council and the Robert Woods Johnson Foundation) for their "Outstanding contribution accurately depicting Drug and Alcohol Addiction in a Music/Music Video Recording. (prismawards.com) Sobriety and persistence has taken these guys on an amazing journey with no end in site. Sharing the stage with Eddie Money, John Sebastian, Aztec Two-Step, Johnny Winter, Ivan Neville, Rick Derringer and many more is a direct result of "Getting Sober" and doing the next right thing. The ingredients of Selfish Steam are - Tony Marossie (guitar/vocals), Nate Russell (Bass), Phil Worrell (guitar/vocals), Peter Manning (guitar, synth and vocals), Brian Grismala (percussion) and Perry Rego (drums). Selfish Steam has been Dubbed by the media as "Friends in

Recovery with Music that Touches the Soul". Their all original music is written from their own life experiences. Their music has its own style. Their originality and the fun they have together is truly magic. Selfish Steam is so much more than just a band. It is truly a band of brothers, helping each other in their daily journey through life. To be able to touch people with our music and see the response in their eyes is the greatest gift we could ask for. When ever we play we say if we reach just one person then it was all worth it. The more people who can hear our music the more we can maybe help, even if it just makes them think. We claim no affiliation with any group or organization and do not represent anyone except ourselves. For the last several years we have been working on a way to communicate with the younger generation about underage drinking and making the right decisions in life. Speaking from experience, we have made many wrong decisions in our lives which led to jails, institutions and near death. Music is and always will be an effective universal communication tool. We have come up with a fun, effective and non-threatening way to reach the younger generation. Underage drinking is a reality and we dont expect to stop it but... we can make a difference. Through live music and straight talk we send a message to our audiences about our experience of alcohol and drug abuse and where it took us and what it took from us, sending a clear message to the kids. Selfish Steam is the real deal, been there done that and are standing on the other side. We are not anti-alcohol. We are advocates of doing something about it if it becomes a problem. We are not affiliated with any group or organization and do not represent anyone except ourselves. Our music was written from our life experiences and captures our audiences with heartfelt ballads and upbeat Rockin' tunes. Below are just a few comments from some of our younger audiences. Comments: Hey Selfish Steam! Thanks so much for coming to Rockville High. You guys did an awesome job and we really enjoyed it. I had nothing but positive feedback from staff and students. I think you really made an impact on our school! Thank you for that. You're welcome back anytime! :) Comments: hey selfishsteam! thank you so much for coming to Rockville High School and performing for us! sometimes we have seminars that are not very interesting, but you held the attention of our audience for the entire time! we loved it. the fact that you guys came and shared your true-life stories with us helped us to better understand the dangers of drinking and drugs. and your songs are awesome! best of luck to you guys and thanks again!!! -hannah, Rockville Class of 2007 Comments: HEY! My names Ricky and I go to Cheney Tech. You came to my school today and i just wanted thank you for taking the time to spare an hour for the school and do all of that. The music was great and i think it sent a message to alot

of people, the stories were also very inspiring. Im sure my dad would love your music.. hes great at music, hes been playing since he was less than my age, he taught himself to play.. hes a songwriter.. and is also a recovering alcoholic, he has been sober for over a year now. Thanks again and I hope to hear you guys again sometime! Best Rega Comments: Hey guys I was at the Rockville High shows and really enjoyed them, you guys sounded great, i couldnt think of a cooler way to get the message across. I'm glad you guys could come and rock our school for a day all while delivering a good message. P.S Pete i really like your style of playing it brings a whole new dimension to the music, from one guitar player to another, well done. Sincerly, Tim O'Brien Comments: Today, you guys came and played at my school (Rockville High School) and it really touched my heart. My father, an alcoholic, refuses any help whatsoever for his disease. So seeing all of you guys on stage today, hearing your stories, it really inspired me. Also, I really enjoyed your music! You've all got some amazing talent! I really hope you guys continue being an idol for kids my age, along with adults who are/were in the same position you guys were in. Keep it up. :) Comments: You guys were great my school Cheney Tech today. Thanks I like the cd and the performance. Also I appreciate you all signing my year book. Love, Molly "We're no doctors, we have no college degrees, we're not therapists but, this we do have... A past that we wouldn't wish on anybody, a present that is next to none... And a future full of hopes and dreams". (Tony Marossie Co-founder of Selfish Steam)

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