

Overweight And The Metabolic Syndrome

[DOWNLOAD HERE](#)

1;Introduction;5 2;Contents;10 3;I THE PROBLEM;11 3.1;Definitions and Prevalence;12 3.2;Costs, Pathology, and Health Risks of Obesity and the Metabolic Syndrome;75 4;II THE SOLUTIONS;127 4.1;Evaluation, Prevention, and Introduction to Treatment;128 4.2;Diet;151 4.3;Behavior Modification;177 4.4;Physical Activity and Exercise in the Obese;189 4.5;Pharmacological Treatment of the Overweight Patient;207 4.6;Should We Treat the Metabolic Syndrome or Its Components?;261 4.7;Surgical Treatment for the Overweight Patient;277 5;Index;295 EAN/ISBN : 9781597454315 Publisher(s): Springer, Berlin, Humana Press Format: ePub/PDF Author(s): Bray, George A.

[DOWNLOAD HERE](#)

Similar manuals: