

Querschnittsstudie Zur Standstabilität Abstinenter Alkoholabhängiger In Der Stationären Therapie - Christoph Hagen

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Zusammenfassung Ziel Wie im Ausland schon geschehen wurden motorische Funktionen in einer stationären Rehabilitation von Alkoholabhängigen untersucht. Methoden In einer Querschnittsstudie wurden 33 Alkoholabhängige auf Standstabilität, allg. körperlicher Kraft, Fallneigung und Problemlösungsfähigkeit mit Gesunden verglichen. Ergebnisse Alkoholabhängige schneiden in allen Untersuchungsgrößen teilweise hochsignifikant schlechter ab als die gesunden Kontrollgruppen. 42% der Alkoholabhängigen mussten als moderat sturzgefährdet eingestuft werden. Mit zunehmendem Alter erreichen Alkoholabhängige zumeist signifikant schlechtere Ergebnisse als die gesunden Kontrollgruppen. Schlussfolgerung Das schlechte Abschneiden älterer Alkoholabhängiger unterstreicht die Forderung nach frühzeitigen Therapiemaßnahmen. Bei Dunkelheit und unebener Strecke sind Alkoholabhängige vermehrt sturzgefährdet. Die Wirkzusammenhänge von Abstinenz- und Trinkphasen sowie der Abhängigkeitsdauer auf motorische Funktionen und ihrer Rehabilitation bedürfen weiterer Untersuchungen. Author: Hagen, Christoph Publisher: GRIN Verlag Illustration: N Language: GER Title: Querschnittsstudie zur Standstabilität abstinenter Alkoholabhängiger in der stationären Therapie Pages: 00027 (Encrypted PDF) On Sale: 2010-01-01 SKU-13/ISBN: 9783640693245 Category: Sports & Recreation : General

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