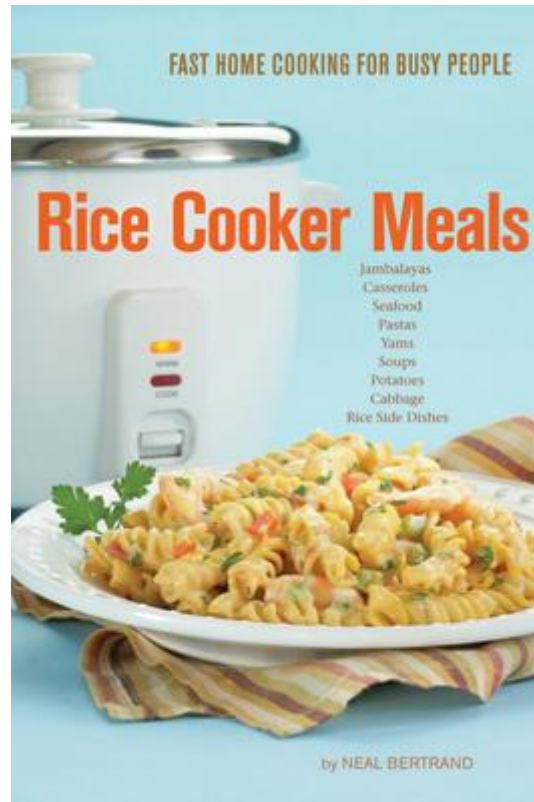


Rice Cooker Meals: Fast Home Cooking For Busy People - Neal Bertrand



[DOWNLOAD HERE](#)

Rice Cooker Meals: Fast Home Cooking for Busy People contains 60 quick and easy meals you can make in a rice cooker, most in 30 minutes or less. Enjoy delicious, multicultural recipes that are less expensive and healthier than fast food. Includes Mexican, Italian, Tex-Mex and Cajun recipes! And one-pot cooking means less mess to clean up! You'll see how easy it is to cook jambalayas, seafood dishes, pastas, "casseroles", soups, rice side dishes, and various vegetable recipes including potatoes, cabbage, and sweet potatoes. "IN A RICE COOKER?" Yes, they're all cooked in a rice cooker. Here are a few recipes from the book: Easy Chili, Mexican Rice, Tex-Mex Pasta, Shrimp Jambalaya, Cabbage Casserole, Cajun Pepper Steak, Chicken Fried Rice, Rice & Shrimp Pilaf, Chicken & Sausage Gumbo, Chicken Fajita Stuffed Potato, Black-eyed Pea & Sausage Soup, Candied Yams with Marshmallows, Easy Smothered Potatoes & Sausage, and Black-eyed Pea & Sausage Jambalaya. The cookbook also has two indexes so the recipes are easier to find: indexed by chapter and indexed in alphabetical order. It has numerous testimonials from good cooks affiliated with the LSU AgCenter Homemaker Clubs. They

tested the recipes and gave their honest opinions. It includes short articles about time-saving tips on food preparation, how a rice cooker knows when the food is cooked, how to teach children to safely cook with a rice cooker, how to brown meat in a rice cooker, plus many more. Author: Bertrand, Neal Publisher: Cypress Cove Publishing Illustration: N Language: ENG Title: Rice Cooker Meals: Fast Home Cooking for Busy People Pages: 00000 (Encrypted PDF) On Sale: 2008-02-01 SKU-13/ISBN: 9780970586827 Category: Cooking : Regional & Ethnic - American - Southern States Category: Cooking : Methods - Quick & Easy Category: Cooking : Regional & Ethnic - Cajun & Creole

[DOWNLOAD HERE](#)

Similar manuals:

[Chinese Soup With Coriander And Chopsticks Asian Cooking](#)

[Calamari Cooking In A Copper Cauldron, Sea Food, Cooking, Nationaltypically, Speciality](#)

[Calamari Cooking In A Copper Cauldron, Sea Food, Cooking, Nationaltypically, Speciality](#)

[Calamari Cooking In A Copper Cauldron, Sea Food, Cooking, Nationaltypically, Speciality](#)

[Sales Stand For Oranges, Honey And Other Regional Products, Altea, Costa Blanca, Spain, Speciality, Food, Nationaltypically](#)

[American Crocodile Crocodylus Acutus - Florida](#)

[Little One Year Old Boy Cooking](#)

[Little One Year Old Boy Cooking](#)

[The American Flag Is Reflected By The Hood Of An American Car](#)

[Curanto, Cooking In The Earth Oven, Vegetables Cooking Over Hot Stones](#)

[Curanto, Cooking In The Earth Oven, Vegetables Cooking Over Hot Stones](#)

[Curanto, Cooking In The Earth Oven, Vegetables Cooking Over Hot Stones](#)

[Curanto, Cooking In The Earth Oven, Vegetables Cooking Over Hot Stones](#)

[Curanto, Cooking In The Earth Oven, Vegetables Cooking Over Hot Stones](#)

[Curanto, Cooking In The Earth Oven, Vegetables Cooking Over Hot Stones](#)

[Opening The Pit Oven At A Curanto, Cooking In A Pit Oven, Vegetables And Meat Cooking Over](#)

[Hot Stones](#)

[Opening The Pit Oven At A Curanto, Cooking In A Pit Oven, Vegetables And Meat Cooking Over Hot Stones](#)

[Potatoe Dumplings In A Cooking Pot](#)

[Potatoe Dumplings In A Cooking Pot](#)

[Hot Sauces For Cajun Cooking In Louisiana](#)

[Prickly Bush In The Temperate Rainforest Of The American Westcoast, Oregon, USA](#)

[Typical American Garden Decoration In Fall, Vermont, USA](#)

[Typical American Garden Decoration In Fall, Vermont, USA](#)

[Typical American Garden Decoration In Fall, Vermont, USA](#)

[Narrow Streets And Alleys Of The Old Town In The Nocturnal Barcelona Spain, Where A Young Man Is Passing Quickly.](#)

[Young American Herring Gull Larus Smithsonianus Kenai Peninsula Homer Alaska USA](#)

[Cooking At Waterfall Valley Hut On Overland Track In Cradle Mountain NationalparkTasmania Australia](#)

[Building Of Regional Government In Victorian Style City Of Brugge Belgium](#)

[Woman Cooking In Front Of The Tent Patagonia Chile](#)

[Man Cooking At Camping, Damaraland, Hoanib River, Namibia](#)

[American Alligator](#)

[American Alligator](#)

[American Alligator](#)

[American Alligator](#)

[American Alligator](#)

[American Alligator](#)

[American Alligator](#)

[American Alligator](#)

[American Alligator](#)

[American Alligator](#)

[American Alligator](#)

[American Alligator](#)

[American Alligator](#)

[American Alligator](#)

[American Alligator](#)

[American Alligator](#)

[American Alligator](#)

[American Alligator](#)

[American Alligator](#)

[Constuction Site Of The American Embassy At The Brandenburger Gate, Brandenburger Tor, Berlin](#)