

Unterrichtsstunde: Zielwerfen An Stationen - Auf Statische Ziele Mit Verschiedenen Wurfgegenständen - Sonja Pelechowytsch

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Die Stunde 'Zielwerfen an Stationen auf statische Ziele mit verschiedenen Wurfgeräten' ist Teil der Planungseinheit 'Laufen, Werfen, Springen'. Die Ss verfügen auch aus den vorherigen Klassen über Grundkompetenzen des Werfens. Jedoch beherrschen nur manche Ss das Werfen in der korrekten Bewegungsausführung, z.B. Lukas. Manche haben noch diverse Probleme. Sie werfen nach unten, haben den falschen Fuß vorne oder entwickeln keine Bewegungsbeschleunigung. Deshalb ist es mir wichtig, den Ss noch einmal verschiedene Stationen mit speziellen Übungsmöglichkeiten zum Zielwerfen, das die Basis des Weitwerfens darstellt, zu ermöglichen. Die leistungsstarken Ss können ihre Technik ausfeilen und durch Variationen den Schwierigkeitsgrad erhöhen. Ich habe mich für das Lernen an Stationen entschieden (Begründung aus Platzgründen auf Seite 12). Author: Pelechowytsch, Sonja Publisher: GRIN Verlag Illustration: N Language: GER Title: Unterrichtsstunde: Zielwerfen an Stationen - auf statische Ziele mit verschiedenen Wurfgegenständen Pages: 00026 (Encrypted PDF) On Sale: 2009-01-01 SKU-13/ISBN: 9783640243105 Category: Sports & Recreation : Reference

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